

Susan Gartrell, Stockman – Rooks County - Northwest Area Heart of FCE

Susan gives of her talents freely in all she does. This friend, wife, mother, and grandmother has belonged to Hobart Homemakers FCE of Rooks County since 2010 and jumped in with both feet from the beginning. Susan has served as club officers, county council officer and on the NW Area and State EPC Committees. Susan has written several yearly FCE programs most recently of How much do you know about the Big "O", Kids in the Kitchen and Salad in a Jar. At the local level she has helped write out a plan to teach two different age groups of kids about how to prepare nutritious foods in the kitchen and proper kitchen and table manners. Susan has written fun skits to teach us all about how to fill out our FCE reports. And as a musician and piano teacher, she has written several catchy songs to invite members to our area state conference. As a former 4-H leader for many years, she taught many young people her skills of sewing, cooking and music. Susan is an active farm, ranch wife and keeps track of the pastures and cattle for their farm and hops on the tractor or 4-wheeler when needed. She plans organ or piano at her church each week and belongs to other civic clubs.

It is her volunteerism, compassion for others and her readiness to lend a helping hand that we nominate, Susan Gartrell for our NW Kansas Heart of FCE Award.

Norma Henton, Dodge City – Ford County - Southwest Area Heart of FCE

Norma has been a member of Stitch and Chatter FCE since 1969. She has served in various officer positions since becoming a member and is always willing to step up to fill a position when needs. She has also served as a voting member of the County FCE Council several times. Norma has helped her FCE with various community projects, but she has strongly supported their Christmas Family project. As a past school teacher she would find families when the school system who were struggling during the holidays to provide a Merry Christmas for their children. The FCE provides clothing, food and toys for all family members so especially the children will have a good holiday. Norma usually helps with the wrapping and the delivery of the gifts to the families. Through her FCE and her church Norma started working with the Humana food packing program. She was the coordinator for many years, here in the Dodge City community. She did fund raisers, packing events and marketing for the program. Thousands of emergency meals were prepared through her efforts.

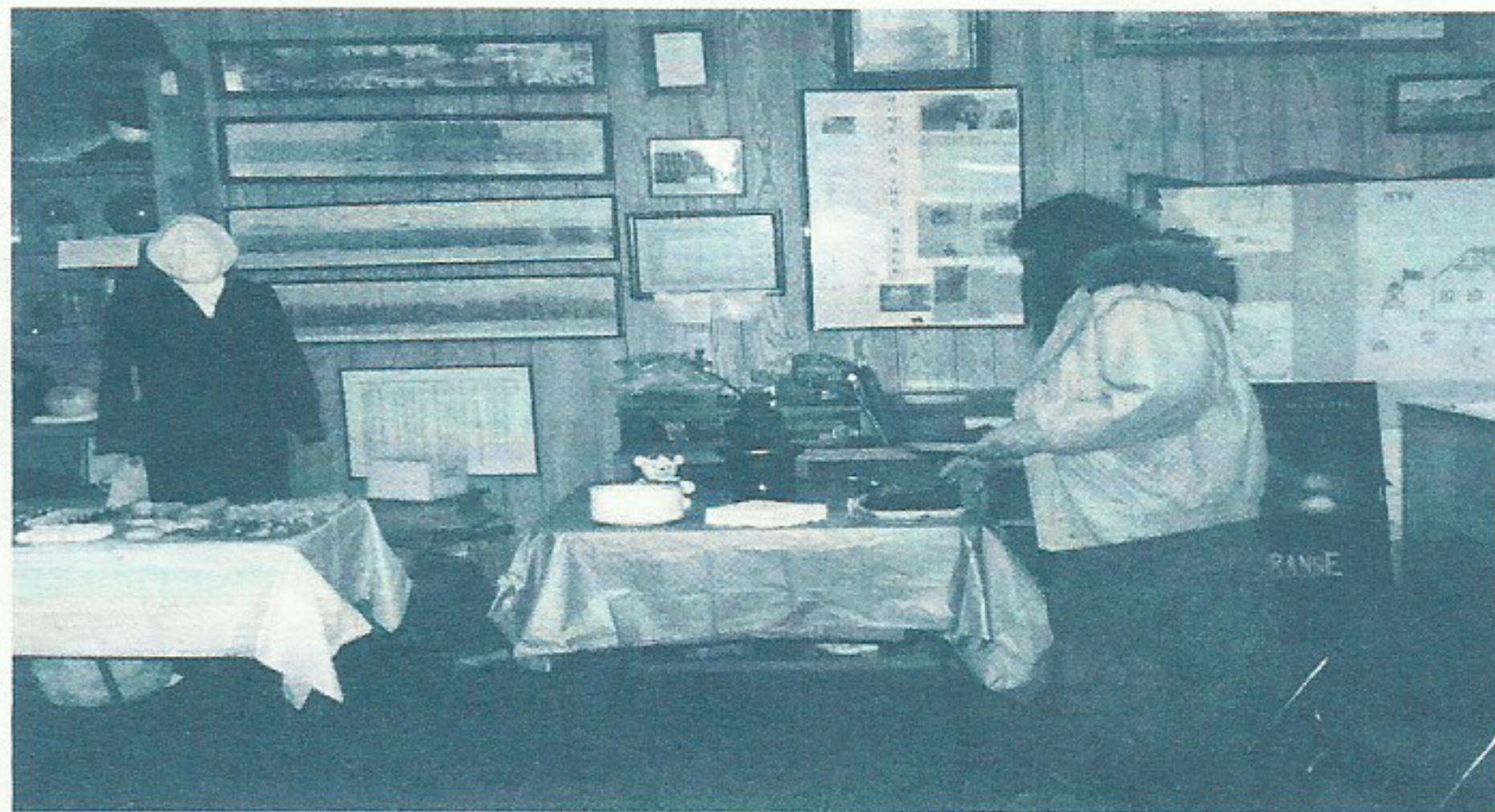
Norma gives freely of her time and talent to many Ford County FCE Council projects. Currently she is also serving on our County's Holiday Christmas program committee. She is instrumental in helping with themes, decorations, food, etc. Norma's daughter, Marcy, is also a member of the Stitch and Chatter FCE. Between the two of them they usually come p with various community projects for the FCE to help with. They continue to work with their contacts within the school district to assist local families during the holidays. Norma serves as fair superintendent, Extension Master Gardener, 4-H project leader, judge at county fairs, serves on the Senior Center board of directors, volunteers at church and various schools.

Ford County FCE Council would like to nominate Norma Henton for the Heart of FCE Award. Norma is a very active member of FCE and would make an excellent recipient of the Heart of FCE Award.

Barbara Egbert, McCune – Crawford County - Southeast Area Heart of FCE

Barbara has been a role model and exemplary member of Sliferette FCE and Crawford County Council. She has served as Area Director for the SE Area for 3 years. Barbara served on the FCE Handbook Revision Committee. She has been chairman of the State Conference twice and has held various positions on County and local FCE. She was awarded "Friend of the Family" by Family and Consumer Sciences in 1996. Barbara has given talks to TOPPS on FCE lessons.

Barbara was awarded Master Farmer and Master Farm Homemaker of SE Area by the Extension in 1991. Barbara has served as the Crawford County Extension Board Chairman for 8 years. In Young Farmers, Barbara was awarded Star Young Farm Family for Kansas in 1975. For three years, she served as chairman of the Holiday Dinner which is served to the community, and she helped with the preparation and serving for 25 years. In



Lending a helping hand — Movers & Shakers helped with a Wine & Chocolate Night at the Smith County Historical Society in February