

KAFCE NEWS

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OFFICIAL PUBLICATION of the KANSAS ASSOCIATION FOR FAMILY AND COMMUNITY EDUCATION

“NETWORKING WITH NANCY” President Nancy Kernick

As the year of 2024 is coming closer to an end so is my term as State President. There is much to say as I have been blessed with the wonderful friendship of all the members and their families. In January 2020, just after I assumed the duties of Kansas FCE President, no one could imagine the changes. We turned change into opportunity by doing ZOOM meetings. We still find opportunities to improve our Kansas FCE for new ideas and challenges to make all members stronger and ready to bring positive and enduring benefits to our community.



We continue to implement programs to ensure our neighbors have safe access to fair and impartial information. Thank you for your perseverance in providing Kansas FCE updates, and previewing upcoming discussions on the strategic goals. I am grateful for your dedication in maintaining the integrity of Kansas FCE, with use of technology for education and leadership and enduring benefits of perseverance that moved our Kansas FCE forward.

I thank Kansas FCE membership for their prayerful support of me as your President.

To briefly highlight some of the activities and things that take up my time:

Kansas FCE Executive Committee Meeting was held on February 14, 2024, at the home of DeLores Walden, with Nancy Kernick, Faye Spencer, and Tina Bailey. It was decided to have Board of Directors' Meetings on Friday, March 1, and June 7, 9:00 A.M by ZOOM.

Scholarship Committee – Three-member committee was selected and appointed by the President in March, 2024, Linda Hess, Chairman, Cindy Kiser, and Carol Lintner with DeLores Walden, Treasurer, as advisor. The Committee will review the scholarship application form, guidelines, promotion plan and management for revisions. They reported at the June meeting.

Membership & FCE Certificates were signed for years of service and recognition.

Financial Reports have been updated. President signed the necessary paperwork.

State Conference Committee. We look forward to getting together and sharing our friendships.

The Heart of FCE area nominations were judged and the state winner's application sent to National FCE.

Essay & Artwork Contest entries were judged and the state winner's application sent to National FCE.

KAFCE NEWS – Following Board of Directors' Meetings, articles are prepared for publication.

OFFICIAL CALL * OFFICIAL CALL

For the Annual
Kansas FCE Business Meeting
Tuesday, October 7, 2024
At 1:00 p.m.
Chanute Central Park Pavilion

*This meeting is for the purpose of electing
Officers, receiving reports, and transacting
business as may properly come before it.*

*Since the KAFCE NEWS goes to every Member,
all Kansas FCE members as well as County Council Presidents,
should consider themselves duly notified.*

OFFICIAL CALL * OFFICIAL CALL

PRESIDENT-ELECT/VICE PRESIDENT - Faye Spencer

Since March, I have:

- Attended SC and NE Spring Area Council meetings and National FCE Midyear Conference.
- Volunteered, with Sharon Giacometti, to facilitate a National FCE Conference Tour.
- Reviewed the Kansas FCE Bylaws and Handbook, to determine if any articles or sections need to be updated. DeLores Walden suggested a list of possible changes that would add consistency between some sections.
- Preparing the 2025 Education Program Year lessons, forms, materials, and letters.

TREASURER, REGISTRAR/HISTORIAN, MEMBERSHIP LIST - DeLores Walden**Treasurer:**

Treasury Savings Business account earns 1.15%.

Attended the NW Spring Area Council Meeting on April 16 and provided news from the Kansas FCE Board of Directors. I won the door prize and a table favor.

Registrar/Historian:

If you have FCE records that need to be out of your closet, please forward to DeLores Walden. The materials, such as bank statements, pictures, programs, minutes, and other information that is pertinent and with the dates on the items, will be taken to the Archives at K-State.

Membership list/Records:

2024 has a Total membership of 509.

By Area: NE-151; NW-70; SC-65; SE-110 and SW-113.

Last new member was in McPherson County, SC Area.

2024 ROSTER (Updated May 31, 2024)**BOARD OF DIRECTORS****Executive Committee**

President Nancy Kernick, 628 South Santa Fe Ave, Chanute 66720, C: 620-433-1405, nancyavon78@gmail.com

President-elect/VP Faye Spencer, 520 Gail Dr. Salina 67401, C:785-201-2143, spencerf.kafce@gmail.com

Secretary Tina Bailey, 15112 142nd Rd, Mayetta 66509, H: 785-966-2457; C: 785-633-5606;

tina_fce@yahoo.com

Treasurer DeLores Walden, 5720 SE Paulen Road, Berryton 66409, H: 785-379-0666 C: 785 215-4696,

wintersdj1@cox.net

Area Directors

NE Diane Nielson, 1511 Atchison, Atchinson, 66002, C: 913-488-5179, diane.nielson@yahoo.com

NW Edith McClain, 408 1st St., Gaylord, 67638, H: 785-697-2754, emcclain@ruraltel.net

SC Linda Hess, 1222 Nickson ST, Marion, 66861, C: 620-947-1627, lindalhess@hotmail.com

SE Cindy Kiser, 220 N. Grant St, Erie, 66733, C: 620-423-1766, tkiser2@cox.net

SW Connie Chavez, 725 Atkin St, Jetmore, 67854, C: 303-718-3349, chavez_17@msn.com

Incoming Area Directors

SC Kathy Preheim, McPherson, 2008 50th, Peabody, 66866; C: 620-386-0778; kathypreheim@gmail.com

SE Mary Dunn, Neosho, 2320 Florida Rd, Humboldt, 66748; H: 620-473-3521, maryfdunn@yahoo.com

AREA DIRECTORS

NORTHEAST – Diane Nielson

Northeast Spring Area Council Meeting gathered in Manhattan, April 4. Kansas FCE State Officers present were Faye Spencer, President-elect; Tina Bailey, Secretary; and DeLores Walden, Treasurer, Registrar/Historian, Membership List/Records. Faye gave a state and national report.

Helping connect the National FCE focus of food security to our local community service, Linda Beech, Kitchen Restore volunteer, highlighted efforts to establish the program in Manhattan. Kitchen Restore is a community donation initiative that works to provide “starter kits” containing household kitchen tools and equipment to individuals and families. The goal is to provide kitchen essentials in which individuals may prepare meals at home while improving their nutrition, food safety awareness, health, and quality of life. Further information about the project can be downloaded at: www.nourishtogether.org/programs/kitchen-restore.

The eighteen members engaged in a fun discussion regarding their ‘FCE Superpowers’ and potential ways to grow membership. Continuing the theme, the activity, “A Recipe for Success,” challenged the development of a list containing ingredients and directions to yield successful marketing of FCE in the community. Members of the four counties shared activities that they have done; concluding that fellowship and fun, hands on lessons and community service are important.

Diane Nielson, Area Director, has attended district FCE celebrations. Members gathered at the Amelia Earhart Hangar Museum (ameliaearharthangarmuseum.org) to “Fly with FCE” and explore 14 interactive STEM exhibits through Earhart’s adventurous life.

Northeast Area continues to seek candidates to fill positions on the Area EPC. Interested persons are encouraged to contact their County Council President or Area Director.

NORTHWEST – Edith McClain

The Northwest Spring Area Council Meeting and Recognition Day was hosted by Smith County on Tuesday, April 16, 2024, in the Studio One Ten, Smith Center. Nineteen members plus DeLores Walden, State Treasurer, Registrar/Historian, Membership List/Records, her husband, Don, and Anna Muir, attended. Anna is the K-State Extension Agent for Rooks and Phillips Counties.

The theme for the day was “Cups of Happiness.” Area Director Edith McClain opened the business meeting with the flag salute. She welcomed everyone and shared some wit that was written by a former Extension Agent, Jodi Besthorn.

During Roll Call, attendees shared their personal and FCE goals for 2024. The positions on the State Nominating Committee were filled by Trudy Deges, chair, and Louise Greenburg as alternate.

Edith encouraged every member to be involved and someone to step forward as Area Director. That position needs to be filled by this fall.

DeLores shared great information from the State Board. Denise Marcum serves as the FCE representative on the William Allen White Children Selection Committee. She shared information about this work.

Janie Lowry presented the 2023 Education Program Year NW Area Awards, recognition certificates of FCE Units, and membership and Standard of Excellence seals.

Anna Muir presented a very fun program on “following instructions.” One game was a beach ball with questions on it. When you catch the ball, you had to answer the question. Lots of laughter ensued! Lunch was catered by the Cross-Eyed Cricket Coffee Shop and the Movers & Shakers FCE Unit, consisting of chicken enchiladas, salads and desserts.

The NW Fall Area Council Meeting and Workshop will be held October 22 in Phillips County (Hansen Museum).

SOUTH CENTRAL – Linda Hess

The SC Spring Area Council Meeting/Recognition Day was held in Moundridge on Monday, April 15. Twenty-nine ladies attended. Lizetta Stout, Happy Homemakers Unit, McPherson, presented a program of her trips to France.

Adele Koehn, Canton Dizzy Dames, will serve on SC Area EPC. She will join Beverly Nickel of Newton and Modern Mrs. FCE and Mary Hammond of Salina and Evening Belles FCE. Thank you to Lory Fisher, Kettle Queens, Moundridge, for serving for three years.

The Incoming Area Director in 2025 will be Kathy Preheim, Kettle Queens FCE. She is a newer member, but a familiar face, since she has helped her mother, Bonnie Kaufman, with several projects even before joining FCE. We're excited to have her as the Incoming SC Area Director.

The Fall Area Council Meeting and Workshop will be Monday, October 21, 2024, in Moundridge.

SOUTHEAST – Cindy Kiser

Southeast Area held their Spring Council and Recognition Meeting on May 2 in Erie. All counties were recognized for all units submitting reports in 2023.

Mary Dunn was elected to serve as Area Director starting in January 2025. The Area EPC will be Donna Strickland, LB Co., chair, Linda Dunekack, CR Co., and Sharon Giacometti, CR Co.

Allen County will be hosting Southwind Fall Follies on Tuesday, October 22 at the Humboldt Methodist Church meeting room at 6:00 pm.

The Southeast Fall Area Council Meeting and Workshop will be held November 7, at 9:00 a.m. at Parsons at the K-State Southeast Research Extension Center. Bring your own lunch.

SOUTHWEST – Connie Chavez

The Hodgeman County FCE Council and FCE Unit members hosted the 2024 SW Spring Area Council Meeting and Recognition Meeting on Thursday, April 11th at the First Presbyterian Church in Jetmore, Kansas, with almost 40 members and guests in attendance. Ford County Extension Agent, Andrea Housman Burns, (the granddaughter of Homemakers FCE Unit member Pat Housman), presented a slide show program on her recent trip to Brazil. After a delicious lunch, 25 members received membership certificates, with special recognition going to Louise Thomas from Gray County for 66 years, Shirley Erb from Rush County for 72 years and Pauline Fecht from Hamilton County for 73 years of FCE membership. Numerous awards were presented during the business meeting.

Lisa Burdett from Pawnee County was appointed to the SW Area EPC and Ann Adams from Wichita County was appointed as SW Area EPC Chair.

Lisa Burdett, Judy Fullmer and Connie Chavez volunteered to plan the 2025 State Conference to be held in Southwest Kansas.

The Gray County Blue Light FCE will host the SW Fall Area Council Meeting and Workshop at the Stauth Memorial Museum in Montezuma, Kansas on November 14th, 2024.

STATE NOMINATION COMMITTEE - Sharon Giacometti, Chair

The State Nominating Committee has received applications from DeLores Walden (Shawnee County) for Kansas FCE Vice President and Marcy Price (Ford County) for Kansas FCE Treasurer. If anyone else is interested in either positions, please contact me or any of your area's state nominating committee members.

MARKETING – Dorene Reimer

The first marketing done in 2024, was at the Southwest Spring Area Council Meeting and Recognition Day on April 11th at Jetmore. I will be taking marketing items to National FCE Conference in Kentucky and Kansas FCE State Conference in October. I would also propose that the five areas take home marketing items from State Conference in October and plan to market at each of the fall council meetings. Perhaps, if we begin thinking in that direction early, we will have more success this year with all area selling at least once.

NATIONAL FCE PRESIDENT - Judy Fullmer

Insurance - We continue to search for a better insurance policy.

FLASH - The June Flash has been emailed.

Website - Several updates were reported, Kansas State Conference information and National Officers.

National FCE Conference, “Empowering Volunteers...Treasure the Present!” will be July 25 to 28 in Erlanger, KY. We will be presenting three new Hearth Fire Series lessons (“Spilling the Beans on Beans,” “What does Food Security Look Like?” and “What is the American Red Cross?”) and two new FCL Training workshops (“Food Security: Supporting Life and Livelihoods” and “Finesse + Civility = Leadership.” There will be sharing of new ideas from other attendees, some fun entertainment and, of course, time to renew old acquaintances and make new friends as you attend! We will have lots of information about our three-year focus on Food Security. Our service project is supporting the women's shelter by providing a selection of feminine hygiene products and general toiletries. The National Board Alumni will have a fundraiser of small quilted items to support a scholarship for first timers to attend conference. Faye Spencer and Sharon Giacometti were appointed to plan the Thursday, July 25 tour. More information is available on the National FCE Website, www.nafce.org, on the Quick Links page.

National FCE Food Security Programs and Activities,

1. 2023 ACWW Resolution ~ Four (4) FCE members worked with ACWW staff to come up with wording for a Food Security Resolution #3 passed at the 2023 ACWW Triennial in Kuala Lumpur, Malaysia: “Be it resolved that ACWW facilitates both action and advocacy on the issue of food waste, recognizing that food waste occurs throughout the global food supply chain, and that coordinated action is required to mitigate food loss and wastage at every stage.”
2. 2023 Midyear Meeting, March 27, 2023 ~ An FCL lesson: “Food Waste-A World in Crisis” was presented at the two sessions. Approximately 75 were in attendance.
3. 2023 Future of FCE Committee - Issue Analysis and Resolution presented at 2023 National FCE Conference, the 45 attendees chose Food Security as a three year FCE Project.
4. The National FCE Board has developed educational materials to be used for Food Security:
 - A. Hearth Fires Series lessons:
 - I. “Spilling the Beans on Beans,” Find out why beans are so good for you.
 - II. “What Does Food Security Look Like?” Do you know: what food security is, how to measure your family's ability to obtain food and what a “food desert” is? Food security and its opposite, food insecurity, are quickly becoming issues facing the world today. They have been the subject of studies, world summits, and world economic assistance. Food security affects people of all ages and vocations, and the health and well-being of their daily lives.

(National report continued)

B. FCL Lessons:

I. “Food Security: Supporting Life and Livelihoods.” As members of National FCE, we strive to help our local and global communities. In this FCL lesson, attendees will learn the current facts of food insecurity, the effects on the family, and ways to improve their future outlook.

II. “Finesse + Civility = Leadership.” We realized that we couldn’t implement the Food Security lessons and projects without leaders. This lesson will help to develop leadership at all the FCE levels, local, area, district, state and national. Leadership without respect and kindness has no place in any leader. With an understanding of etiquette rules and manners, and a willingness to practice what you preach, you can become a confident ‘polished’ leader.

5. 2024 Midyear Meeting March 18, 2024. Seventy-five attendees heard about “Women Farmers in Mali Africa,” and how the Myagro Company is addressing Food Security. We also had a lesson on “Baloney” and a Public Policy presentation on how to contact your government about issues that affect your community.

6. National FCE Board member had an information gathering tour of a rice farm, Ralston Family Farms, Atkins, Alaska. Information will be shared at the 2024 conference.

7. 2024 Conference: In addition to the 2023-2024 lessons/programs that were developed, the following Food Security programs will be presented: 1. “Food Labels - Food Waste.” 2. USA Area ACWW President, Bonnie Teeples, will speak about Food Security.

NATIONAL FCE LEGACY FUND - Dorene Reimer

Everyone needs to remember that a small amount per month is very helpful for meeting the goal of a large endowment for National FCE to make it possible to help sustain Kansas FCE in perpetuity.

“Together We Can Make A Difference.”

Heart of FCE State Winner

Nadine Holmes, member of Movers & Shakers FCE Unit, Smith County, Northwest Area

2024 Kansas FCE State Conference “Sharing Time Activity”

All FCE members are invited to participate in the “Sharing Time Activity” that is being held this year at the 2024 Kansas FCE Conference. **It will take place on Tuesday, October 8, 2024, after the Annual Business Meeting.** There are 80 minutes scheduled for this activity.

Please bring details of some of the great activities that you have done at the Unit, County, or Area level. This “Sharing Time Activity” is designed to share various ideas, and accomplishments. **Each “Shared Ideas” will be allowed for 10 minutes.** Please plan approximately 5 minutes for presentation and 5 minutes of questions. This includes time needed to give out handouts and other information. Please bring handouts and other information as needed.

This year the “Sharing Time Activity” will be facilitated by Faye Spencer, Kansas FCE President-elect. To help with an estimation of those desiring to share their ideas, contact Faye Spencer, call or text 785-201-2143 or email spencerf.kafce@gmail.com and let her know that you would like to do a presentation. Or **Sign up for a time slot at the Conference Registration Table.** Other presentations will be allowed if time allows.

Please contact her if you have questions or comments. You are NOT required to submit a form in order to share ideas during the “Sharing Time Activity” but prior registration with Faye or at the Conference Registration Table would be greatly appreciated.

Some of the suggested, but not limited to, ideas are: Great lessons that you may have taught. Fundraising Activities and Ideas. Finding, Recruiting and Retaining Members, Methods and Activities. Community Service Projects.

Please include some of the following in your presentation: Description or Summary of the activity. Your name. Your contact information. Any handouts or flyers you would like to hand out. Success of the activity. Tough challenges of the activity. Number of FCE members involved and number of non FCE members involved. Cost of the Activity. Amount of time used in the Activity. Any other information that may be needed.

Please consider being part of this activity and share some of those great ideas you may have and use.

COMMUNITY SERVICE PROJECT **by County Council**

First Place: Atchison County Council, NE Area

Project: “Quilt/Craft Retreat Scholarship Fundraiser” **Description:** Atchison County FCE Units raised money for a postsecondary scholarship. In the process of publicizing/marketing the quilt retreat fundraiser, flyers, newspaper articles and radio and television announcements also provided details about FCE programs. During the retreat, a presentation regarding FCE and the lesson materials entertained the attendees. They volunteered 400 hours, had 15 members involved, reached 30,000 non-members and spent \$560.

First Place: Crawford County Council, SE Area

Project: “Kitchen Restore” **Description:** Crawford County residents who, for whatever circumstance, lost their homes, and when they begin to establish a new residence, were in need of kitchen items. The Crawford County Council joined the efforts of the extension agents to continue the “Kitchen Restore Project”. Members de-cluttered their kitchens for new or gently-worn kitchen equipment. Kitchen Restore Kits were assembled with the donated and/or newly purchased kitchen items then distributed by other local agencies. They volunteered 500 hours, had 17 members involved, 26 non-member families received the kitchen kits and the project spent \$3000.

**2024 KANSAS FCE STATE CONFERENCE
FIRST TIME SCHOLARSHIP APPLICATION**

The Kansas FCE Board of Directors believes that attending a State Conference helps build support and enthusiasm for our organization and is offering financial support to one (1) full time attendee to the conference. The scholarship will cover only the cost of the Early Bird Registration Fee with all other expenses being the responsibility of the winner.

To apply for this scholarship, you must be a full dues paying member of National and Kansas FCE. Complete the questions below and send it along with one (1) letter of recommendation from your FCE Unit or County Council President. Independent Members may also apply with one (1) letter of recommendation from another organization in which they are active.

Must be mailed by September 1, 2024 to:
Kansas FCE President-Nancy Kernick, 628 S. Santa Fe, Chanute, KS 66720-2449

Please print clearly

Name _____ Membership # _____

FCE Unit Name _____ County _____ Area _____

Mailing Address _____

Phone _____ Email _____

On a separate page please answer the following questions:

- 1) Why do you want/need this scholarship?
- 2) What goal do you have for your FCE Unit/County Council?
- 3) How do you plan to share the information from State Conference?

Signature of Applicant _____ Date _____

One winner will be chosen and notified by September 8, 2024, and will be reimbursed at State Conference for the "Early Bird" registration fee only.

Scholarship is for 2024 State Conference only. Winner is to attend the entire conference and will be presented at the Wednesday Luncheon.

If the scholarship is awarded and the recipient is unable to attend the Conference, the scholarship will be forfeited. This scholarship is not transferable to another FCE Member or to a future Kansas FCE Conference.

Membership will be verified.

State President will notify the winner, conference committee chairperson, and State Treasurer. State Board reserves the right to choose no winner if the situation arises.

2023 Program Year State Winners

ACCOMPLISHMENT REPORT: by FCE Unit Education Category

First Place: Hobart Homemakers FCE, Rooks County, NW Area

Lesson: "Men's Health - Arthritis" Description: The unit wanted to educate the community of the risk due to known or unknown health situations of their male relatives, neighbors, co-workers or friends. This information may prompt, support and encourage men to act on health concerns by seeking screenings and medical advice. Members prepared an informative fair booth display with handouts highlighting lesson materials. Over 1000 non-members attended the 7 day fair and viewed the booth.

Second Place: Sliferette FCE, Crawford County, SE Area

Lesson: "Blueberry" Description: FCE lesson and display about health benefits of blueberries, how and where grown, selecting, storing, preparing, as well as menus and recipes. 13,758 people were reached through program for TOPS Club and display at various area libraries, county fair, Kansas FCE State Conference, historical society, and extension office.

Third Place: Terry FCE, Atchison County, NE Area

Lesson: "Men's Health - Arthritis and Cancer" Description: A Men's Health Seminar was held at the Atchison Library which was advertised in the newspapers, church bulletins, and radio station. Atchison County Health Department developed a PowerPoint presentation that was given by Megan Doman, stressing early detection and prevention. Retired Dr. Fast spoke from his professional medical experience. Thirty-two people attended. The men completed a survey that was sent to K-State Research and Extension. The information was briefly presented to 15 women at a September quilt retreat sponsored by the Atchison FCE.

Honorable Mention: Broderick FCE, Pottawatomie County, NE Area

Lesson: "Healthy Body, Healthy Brain" Description: Presentation focused on mind, diet and physical activity. Also presented to the Westmoreland Area Senior Citizens with members of Harvesters and local food banks, two different groups, with a total of 20 attending. After presentation, the senior residents decided to start a weekly strengthening exercise which is going strong with 15 members.

Honorable Mention: Evening Belles FCE, Saline County, SC Area

Lesson: "What is on Your Device?" Description: Unit members and non-members were informed concerning the use of their electronic devices, available social media, avoiding scams, identify theft, and warned of the negative aspects of social media and platforms. Presentations were given to State EPC Leaders' Training, Oregon FCE Zoom and church ladies group. Members shared lesson with their families and friends.

ACCOMPLISHMENT REPORT: by FCE Unit Action Category

First Place: Movers and Shakers FCE, Smith County, NW Area

Lesson: "CHARACTER COUNTS! Caring" Description: Unit created a monthly newsletters called "Happy Trails" containing positive information. Each member shared uplifting stories for the newsletter and wrote "Kindness and Caring" notes that were distributed and left in stores. They also had a display at Smith County Fair, Big Kansas Road Trip and Kansas FCE State Conference. Other positive "Kindness and Caring" activities were donation of cookies to care facility and snacks to Big Kansas Road Trip.

Second Place: Spring Hill FCE, Johnson County, NE Area

Lesson: "Caring" Description: Through Starfish organization, Spring Hill FCE recycled clothing and purchased hygiene and food items to donate to people in the community in need of help. Starfish works closely with different agencies. Instead of increasing waste in landfills, 4476 items were donated. Volunteer hours were 180. Resulting in helping 3500 people.

Third Place: Modern Mrs. FCE, Harvey County, SC Area

Lesson: "Healthy Body, Healthy Brain" Description: The Modern Mrs. FCE reached the lower income community by offering healthcare items and nutritious meals at Laundry Love events which were hosted by Community Health Workers of KU Med, Peace Connection and Aetna Insurance. All helped the community sign up for Medicare and Medicaid.

ACCOMPLISHMENT REPORT: by County Council Education Category**First Place: Atchison County Council, NE Area**

Lesson: "Healthy Body, Healthy Brain" Description: The Atchison County Council presented at a health fair, quilt retreat and farmers' market handouts with MIND Diet recipes, developed a scan code that the public could download additional educational materials and posted information to the Atchison County Research and Extension's website and Facebook page. Materials promoted healthy lifestyles and habits that could avoid dementia in later life.

First Place: Allen County Council, SE Area

Lesson: "Container Gardening" Description: Newspaper articles summarized how to develop a container garden. A poster was made and displayed at Allen County Fair and Kansas FCE State Conference with an instructional text and pictured handout detailing the steps to design, and plan a garden. Members designed and planted their own container gardens. They encouraged their grandchildren to become involved.

ACCOMPLISHMENT REPORT: by County Council Action Category**First Place: Johnson County Council, NE Area**

Lesson: "Grandparents Raising Grandchildren" Description: Some members recount how they as grandparents are accepting more child care responsibilities of their grandchildren. The grandchildren could be residing in the homes of grandparents, parents or in foster care. The three Johnson County FCE Units wanted to assist the KVC Health Systems (a private, nonprofit child welfare and behavioral healthcare organization) staff to support children and families who are in foster care with supply items that ease the transition from one foster home to another. A total of 295 items and \$100 (items plus money equaled \$5351 in value) were donated

ACCOMPLISHMENT REPORT: by Independent Member Education Category**First Place: DeLores Walden, NE Area**

Lesson: "Blueberry" Description: The goal was to have more people consume the nutritious fruit, blueberry, and appreciate its health benefits. To achieve this, DeLores Walden distributed the lesson materials either directly, by email or during presentations to family, friends, doctor/dentist's offices, and nursing homes. Food samples were presented at meetings thus providing illustrations of how versatile a blueberry is.

COMMUNITY SERVICE PROJECT by FCE Unit**First Place: Hobart Homemakers FCE, Rooks County, NW Area**

Project: "Start and Facilitate a 4-H Cloverbuds Program in Rooks County" *Description:* Noting the decline of Rooks County 4-H Club membership and adult leader volunteerism, Hobart Homemakers FCE decided to commit to fostering a Cloverbuds 4-H program. This will provide young families and children positive 4-H experiences. FCE members prepared by completing the 4-H Youth Volunteer Orientation, publicizing the group then held the 4-H Cloverbuds Club meetings. They volunteered 94 hours, had 10 members involved, reached 300 non-members and spent \$150.

First Place: Springcreek FCE, Lane County, SW Area

Project: "Up Your Nose" *Description:* Members learned the dangers of opioids and fentanyl and how Naloxone/Narcon can save lives. To increase community awareness of this health hazard, the FCE Unit planned and prepared a public meeting with Lane County Police Department and Kansas Naloxone Program speakers, presented a program at a church group and a county fair booth showing how Naloxone/Narcon can overcome an opioid overdose. They volunteered 30 hours, had 10 members involved, reached 1,100 non-members and spent \$100.

Second Place: Spring Hill FCE, Johnson County, NE Area

Project: "Life Spring – School Supplies and Snacks for Kids" *Description:* Economically challenged families do not always have the means to provide school supply items. Without the access to a schools' nutritional program, some children could suffer food insecurity during school breaks. FCE members worked with Life Spring Church in providing needed school supplies and food. One of the unit's fund raisers is "Happy Money". This is \$1.00 collected every meeting from members who say what they are happy about. They volunteered 105 hours, had 20 members involved, helped 69 students (360 items, 333 snacks) and spent \$875.00.

Second Place: What's New FCE, Rooks County, NW Area

Project: "Community Appreciation Day" *Description:* The unit wanted to acknowledge local businesses who had been actively supporting the community. Each recognized business received a plate of 2.5 dozen cookies. All the members wrote and signed a thank you note. They volunteered 72 hours, had 9 members involved, reached 60 non-members and spent \$130.00.

Third Place: Modern Mrs. FCE, Ellis County, NW Area

Project: "Ellis Modern Mrs. FCE Scholarship" *Description:* To promote continuing education, Modern Mrs. FCE provided two Ellis High School seniors \$250 scholarships each towards their postsecondary expenses. The Ellis High School counselor assisted by promoting the scholarship application. The applications were reviewed by the unit. They volunteered 5 hours, had 4 members involved, reached 25 non-members and spent \$500.

Honorable Mention: Sunshine FCE, Rush County, SW Area

Project: "Lone Star School, Bison, Kansas" *Description:* For the 2024 celebration of 150 years of Rush County, Sunshine FCE decided to showcase the Lone Star School, established in 1879 and listed in 2009 on the National Register of Historic Places. The unit knew that the building needed to be refurbished for the open house, June, 2024. To raise funds, the unit made small, useful household items to be sold at 2023 Rush County Fair. Fair time was an opportunity to inform the community of FCE and the upcoming celebrations. They volunteered 243 hours, had 8 members involved, reached unknown number of non-members attending the 2023 fair and spent \$200.

Honorable Mention: Bluelight FCE, Gray County, SW Area

Project: "Christmas Cards for Bethel Home, Long Term Care" *Description:* Members donate their leftover Christmas cards, then address and sign them. Residents look forward to receiving the holiday greetings. They volunteered 10 hours, had 14 members involved, reached 94 non-members and spent no money.

KANSAS ASSOCIATION FOR FAMILY AND
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KAFCE NEWS

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KANSAS ASSOCIATION FOR FAMILY AND COMMUNITY EDUCATION
KAFCE News is published March, June, and November.

Submit all items or articles for the "KAFCE News" to Marcy Price, 11427 103 Rd. Ensign, KS 67841. or
to thesewinglady@yahoo.com.

Did you know Kansas FCE has a website? Check it out at www.kafce.org.

**2024 Fall Area Council Meetings
and Workshop Dates**

NE – November 7

NW – October 22, in Phillips County
(Hansen Museum)

SC – October 21, West Zion Church,
Moundridge

SE – November 7, at 9:00 the K-State
Southeast Research Extension Center, Par-
sons

SW – November 14, at the Stauth
Memorial Museum, Montezuma

2024 DATES TO REMEMBER

- July 25-28 National FCE Annual Conference, Holiday Inn Cincinnati, Erlanger, KY
- September TBA Kansas State EPC Leadership Training, Zoom
- September 23 @ 9:00 a.m. Kansas FCE Executive Committee, Zoom
- September 30 @ 9:00 a.m. Kansas FCE Board of Directors' Meeting, Zoom
- September 24-26 CWC, Destin, FL
- October 7, 8, & 9 Kansas FCE State Conference, Holiday Inn Express, Chanute, KS
- October 13-19 National FCE Week & National CHARACTER COUNTS! Week
- November 24-30 National Family Week