

KAFCE NEWS

Mar 14
vol. 48
no. 1

Scouting.... with Sharon Your KAFCE President

2014 is a fresh start for FCE members this year. We are **scouting** for new ways to stay connected and give you crisp innovative ideas to keep you motivated to develop projects from our 2014 "FCE: Preserving Our Heritage" program of work. This is the first time we will have a KAFCE NEWS in February. It was decided at the Board Meeting in October to have only three issues of the news. They will come out in February, June and November. This will be one way the board has found to trim the budget. As President, I will send out a monthly email to all unit members. I will send them to area directors, area directors forward them to county council presidents, and the county councils in turn send them to units so they will be read at the unit meetings. Please let me know if you like this format. It might take a while to get used to but I hope to keep the lines of communications open between members and board.

We have a lot of work to do this year so let's get started. We need each area, county and units to help in **scouting** out students who are planning on majoring in family and consumer science this coming year. Contact your local high school family and consumer science department and find out if anyone plans on majoring in this field. Let the teacher/supervisor know that there are scholarships available from our organization. Tell them they can find the KAFCE Scholarship Application form on our website: kafce.org. If you have a university or community college in your county get in touch with them and let their department know that we have scholarship money available from the Joann Newby Scholarship. Let them know that The Joann Newby Adult Education Grant is provided for financial assistance to a recipient wishing to "reenter" the labor force; enable the recipient to move to a higher level job in their present field; or to a job in a more highly skilled field.

Respect is the Theme for the 2014 National Essay & Artwork 4th Grade Contest. **Scout** your county, collect your entries and make your selection. Send your winner to me at: 221 East 670th Ave Farlington, 66734 by March 1. The Kansas goal this year is to have a national winner.

Continue **scouting** your community for new members. They are the "spark" that keeps our organization alive and insures our future. Always be on the lookout because they might be right next to you in the line at the grocery store or right around the corner of your home.

Start **scouting** around for members that want to plan to attend the 2014 national FCE conference in Tucson Arizona, July 17-20 with the theme "Team Work Makes Dreams Work". It will be held at the Marriott Tucson University Park 880 E 2nd Street. Check you December 2013 FCE Today for the registration form and phone numbers for the hotel. If you don't have your copy you can find all the information on the national web site: nafce.org

Plan on **scouting** your way to Southeast Kansas for the State FCE Conference in Parsons, October 7-9. "From Kitchens to Communities" is this year's theme. We will be celebrating "100 years" of Kansas women gathering to learn and have fellowship. Since our first group was known as "Canning Club" Southeast FCE is sponsoring a contest for the best canned pint jar of jam, jelly or preserves. They will offer new ideas, displays, exciting tours, good food, and great choices of sessions and of course the business meeting and award presentations.

Scout your way to Southeast Kansas this fall. They guarantee it will be fun!!!!!!!!!!

From the desk of Faye Spencer
KAFCE State Vice President

The State Education Program Committee and I would like to thank all the members for another successful year. Serving as the chair of the committee is Janie Williams. Edith McClain is serving her second year. New to the committee is Judy Fullmer.

Thank you to the members who sent in the 2013 KAFCE Program Evaluation. I reviewed 80 surveys and the following is the ranking of the most helpful and interesting to the least.

- 1 Every Day Can be a Holiday
- 2 Ways to Stretch Your Money
- 3 Cook Once Workshop
- 4 Emotional Appetite: The Food & Mood Connection
- 5 Beauty That Comes from Deep Within
- 6 From Awareness to Action: the Military Family
- 7 Trustworthiness - Character Counts!
- 8 Where in the World is Chennai?

"Every Day Can be a Holiday" was a wonderful lesson that was implemented to a large variety of activities for the units and their communities.

If the following sounds like a repeat message from Spring, 2013, it is. Members again have expressed a desire to have better quality lesson leadership. Here is what they said on the survey:

The comment that was most repeated was: 'The leader needs to be well prepared'. This preparation may include reading and studying the materials, doing additional research such as supplemental information from internet, newspapers, magazines; locate food recipes, poems, and/or pictures, prepare visual aides such as posters, graphs, samples (food samples always a plus), power point presentation; share personal experiences; modify the lesson to fit the interest of the unit and their households; modify the lesson to fit community needs; explore community connections; guest speakers, include group activities and/or discussions, etc.

Many of the comments from the survey stated that the leader should have a positive attitude and be enthusiastic.

Lesson Leaders: Well planned and organized preparation will give more zest to the lesson and the audience will have an enjoyable time. Don't hesitate to have the unit help in the preparation. Remember that this is a team effort.

Bottom line: Your audience wants to be more involved, not just have the lesson read to them or be lectured to!

2014 ROSTER

Executive Committee

PRESIDENT

Sharon Giacometti - SE Crawford (15)
221 East 670th Ave. - Farlington 66734
(620) 724-5303 - sharonfce@gmail.com

VICE PRESIDENT

Faye Spencer - Saline (14)
520 Gail Drive - Salina 67401
(785) 825-2084 - spencerb@sbcglobal.net

SECRETARY

Carol Lintner (16)
320 Parallel St. Atchison 66002
913-367-2178 Lintners@Reagan.com

TREASURER

Mary Jane Adams - NE Riley (15)
2135 Snowbird Drive - Manhattan 66502
(785) 776-6324 - mjafce@gmail.com

Area Directors

Northwest
DeLores Walden (16)
wintersdj1@cox.net

Northwest
Edith McClain-- (16)
emcclain@ruraltel.net

Southwest
Dorene Reimer - (14)
dreimer@wbsnet.org

SouthCentral
Wilma Lill - Butler (14)
No email

SouthEast
Janet Kirk - Labette (14)
cokelady46@yahoo.com

Treasurer's Topics
Mary Jane Adams

Another deadline?? Yes, things are always changing and with it is the deadline change for the KAFCE News --- and I am NOT ready!!!

Thank you for your timeliness in getting dues to me and in such wonderful order. Those who have come before me had you all "well trained". I am aware that "the gift" was very confusing for many of you, but it was a one year project and has ended when all of you have turned in the money collected. Look for totals below.

My apologies for the way my article in the December issue looked. Am not sure what happened, but it began with the end of the last sentence, so hopefully as you read it you figured that out.

Many of you have wondered about where our money goes. We looked at the budget long and hard at our summer board meeting, talked about it at length at State Conference and you had an opportunity to read about it in the last KAFCE News. I would like to say that I have a magic plan on how things can change and how we can manufacture money, but I don't. When I heard recently that the federal government is almost \$18 trillion dollars in debt, the finances of KAFCE don't look too bad. ☺
(and we all continue to pay taxes)

I do know that if we spend our time complaining about a dues raise or having to pay more for certain things we will soon lose the main point of our organization. And, unlike the federal government, we, as your state board, know exactly where each penny goes and we try very hard to make sure that those pennies are spent wisely. SO, on that note,

I was wondering as I was working through the pile of dues about the receipts that the county treasurer receives. Could that receipt be done in a different form such as a postcard which would do away with the receipt paper itself and the envelope and would also require less postage --- and postage is going up again soon. Another possibility/option would be to e-mail the information, but as the treasurer, I haven't sorted that out totally yet. If you have thoughts on this please feel free to e-mail me at mjafce@gmail.com. Please indicate in the memo line -- receipt thoughts, so I will know you are an FCE person as many of you have e-mail addresses that I would not recognize. Also, I would appreciate it if you would include which county you are in and your position with FCE.

RANDOM QUESTIONS/ANSWERS: Have had a few random questions recently and many others could have those as well, so here are the answers.

1) My receipt was postmarked "Dallas"???? Yes, I do know the US mail service is doing some strange things, but I did mail them from Dallas right after Christmas as we were there visiting our daughter and family for Christmas.

2) We have a new member, does she have to pay dues now since the deadline was October. Yes, a new member "must" pay dues for 2014 anytime between now and October 1, 2014. (or maybe September) They DO NOT have to pay the late fee however. The only ones that have to pay a late fee are those who paid their dues in 2013 and just didn't get it done timely for 2014.

3) Do we still need to send in "the gift" money. If your FCE collected money for "the gift", yes, it needs to be sent to me as your State Treasurer. NO, it won't happen again in 2014 as it was just for 2013. (thank goodness says the treasurer, but since I was the one that presented it, I am the one dealing with it so no one else to blame.)

4) If you have random questions and would like them answered let me know -- see the e-mail address above. Please feel free to ask questions any time.

"the gift" -- the original idea for this was to allow folks to see what they could do if they saved \$.01 a day for 365 days which would generate \$3.65 per person. Some of you participated with enthusiasm; some of you didn't understand, but tried; some of you didn't understand therefore didn't participate; and some of you felt you already do enough for FCE and didn't want to do anything extra --- does that describe our membership on any issue that might arise???

MEMORIAL LIST

Marcia A Rygaard
Atchison County

Geona Zinn
Cherokee County

Beth M Bradrick
Crawford County

Mae Weaver
Barton County

Roberta Cudney
Wilma Wagner
Edward County

Janice Huseman
Ellsworth County

Melva Bernard
Ford County

Marjorie Kail
Greeley County

Vicki Schwartz
Hodgeman County

Janie Jahnston
Elda Jean Richards
Lane County

Darold Wedel
McPherson County

Naomi Simmons-
Bradshaw
Neosho County

Martha Sauer
Pawnee County

Valdimer Bairow
Pottawatomie County

Barbara Fleming
Joan NyBorg
Reno County

Marylois Smith
Riley County

Pearl Atkisson
Rocko County

Margaret Bonnett
Shawnee County

Wilma Pabst
Thomas County

Nellora Holstein
Wichita County

(continued from page 3)
Treasurer's Topics

All of the money for "the gift" has not been recorded as I received some just recently, but as of January 1, 2014 the following amounts were collected. This does NOT include the contributions that you normally give. This is all "extra" connected with "the gift".

For National FCE - \$288.50; Kansas FCE \$327.95; Joann Newby Adult Education grant - \$223.67; KAFCE scholarship - \$252.93; Clovia - \$297.01 and Smurthwaite - \$174.24 for a total of \$1,564.30 --- pretty easy fund raiser in my opinion.

Scholarships – We are getting a nice amount of money in our KAFCE Scholarship fund as well as the Joann Newby Adult Education grant fund. PLEASE look at the information on the website: www.kafce.org and look for those that you could encourage to apply for the scholarship/grant. Last semester we had no one that applied and previously we had very few that applied that fit the qualifications, so check it out and see if there is someone you could "help out".

Well, for not being ready for the deadline I came up with way too much to share, but hopefully I have answered questions for some of you.

Looking forward to your thoughts about at least 1 way of saving a little bit – more thoughts next issue.

Times have Changed

This year we are celebrating 100 years of education and fun. The first Home Demonstration Unit was created in 1914 when women from Leavenworth requested help in food preservation from a national leader. At the time the first clubs were organized, there was a great lack of information on home economics-related subjects. Women learned from their mothers, but they were anxious to learn new methods and improve their skills.

From 1915 to 1943, the clubs were sponsored by the Farm Bureau. In 1944 the name was changed to Home Demonstration Units to emphasize relationship between work of County Home Demonstration Agents and K-State. In 1965, we changed our name to Extension Homemaker Units and in 1992 we became Family Community Education.

Groups have evolved from a time when rural social life was very limited to now when everyone seems to be too busy to belong to another group. We started as education to the homemaker and now we learn about all aspects of life and share this with our neighbors, our community and the world. We are having to adapt to modern technology or be left behind.

Our leaders are making every effort to see that this doesn't happen to our membership by still offering printed material

Units are being encouraged to look back in your history and enjoy memories from the past and continue to make plans for the future.

The 2014 KAFCE State Conference will be held October 6-8 at Parsons, in SE Area. The theme "From Kitchens to Communities" invites us to think about our history and future. Look through that club history box and find some pictures or information that could be viewed by persons attending the conference. Maybe your county or area would like to compile a display (this could be also shared in your community). It is never too early to start making plans to attend the conference. Information and registration will be in the next KAFCE News.

See you next fall—Janie Williams, SE Area conference chairperson

**2013 Heart of FCE
Linda Leonard
Humboldt –Allen County
South East Area Heart of FCE**

Linda has been a member of the GALS FCE for over 30 years. During that time she has held all offices and has been on the planning committee for their Prom Dress Sale and the Humboldt Holiday Gift Market. She worked at the ball concessions and read at Story Hour. She served on the Allen County FCE Council for many years holding the offices of secretary, treasurer and currently in her second year as president. She served on the SE Area EPC committee for three years and the past year as chairman. She presented the area awards at the Area Recognition in Cherokee in May. Linda is presently on the planning committee for the 2014 State FCE Conference and secretary for the Southeast Area. Linda and her husband are both retired and have two grown children and five grandsons. Linda spends much of her time serving her community and church by volunteering her talents anyway they are needed. She enjoys reading, traveling and spending time with the family.

**Dorothea Appl
Leoti—Wichita County
South West Area Heart of FCE**

Dorothea has been a FCE member for 50 years. She has held nearly every office on the local and county level. In the early years she was hostess countless times and taught innumerable lessons over a wide range of topics. For Dorothea, FCE has been the principle organization through which she has worked to benefit the community. Two important examples include working through her FCE group to help develop the annual County carnival, and assisting in the inception of and leading a women's strength training program. Most recently, Dorothea was awarded the 2013 Wichita County Extension Appreciation Award for outstanding contributions to Extension programming. Having applied her 50 years of FCE knowledge and experience to good purpose.

**Elaine Fischer
Sharon Springs-Wallace County
North West Area Heart of FCE**

Elaine has been a member of the Wallace County FCE for the past 38 years. She has been the FCE Council President for 20 years and was KAFCE Area Director from 2004-2006. She has always been dedicated to this group, giving her time to make sure we keep FCE in our community. Elaine is a great leader, taking charge to do programs or help with FCE lessons. Every year she helps put up an education display at the County Fair, giving information to those that attend.

**Glennis Bell
Wichita-Butler County
South Central Area Heart of FCE**

Glennis has been a member of FCE for 26 years. Members have enjoyed hearing her give Educational Lessons each month. She always made these lessons interesting. She has enjoyed the friendships and conventions over the years. She has taken the Kansas bus that conducts educational stops on the way to and from the conventions. She enjoyed meeting new people and trading our Kansas pins for other states pins.

**Pat Bennett
Seneca-Nemaha County
North East Area Heart of FCE**

Pat joined the Onida Homemakers in 1955. She has belonged to four different clubs, two at one time and has held every office. She has served as the Nemaha County FCE Council representative and county council treasurer for seventeen years. She is on the county EPC committee and on the Nemaha County Extension Executive Board for several years and was secretary during that time. She has been a 4-H Leader, was elected to the school board, is a Adams township committee woman and supervised election judges. She credits her time as a FCE member giving her the ability to overcome her fear of speaking before a large group of people which led her to become the first woman lector at St Bede's Church of Kelley. She has helped with Seneca Red Cross Bloodmobile for 46 years and was the coordinator for the last several.

SOUTHWEST AREA

Dorene Reimer, Director

New years greetings!

Every new year prompts us to look back at the old, evaluate the accomplishments, and plan for new successes, based upon that evaluation.

In 2013, the SW Area has faced the challenges of keeping our Area operating and financially independent by pledging to contribute to SW Area's treasury. I am so proud of the women for stepping forward and working together to accomplish this. The SW Area EPC is preparing to judge the Accomplishment Reports and the Community Service Reports from the Area's groups; they are excited to discover the hours of volunteer service to the SW Area communities. As usual, we are prepared to be very impressed by the accomplishments of women through FCE!

The Southwest Area District Recognition Day will be April 29, Hodgeman County, in Jetmore. Be alert for the invitation coming soon! Also, review the minutes of the Fall SW Area Council Meeting in Dighton for the division of responsibilities of each county for the program.

This year, the "KAFCE News" will be published three times instead of four. It is important to read it thoroughly and then keep it for future reference. The State Board has included all the same information, but, as a money saving device, put it into fewer issues. We, in the five Areas, as well as the State, are moving toward using electronics to communicate and stay connected. This isn't the easiest change for me: I'm not so old, but I don't have that younger computer mentality, and I'm learning literally daily! For those counties with Presidents who have no e-mail, I have made contacts with the Vice-Presidents or other women on the county council who have graciously agreed to see that the communication connects as it should be. Thank you! This act fits so nicely with the theme for this year: FCE-Preserving Our Heritage.

Our State FCE President, Sharon Giacometti, is sending a monthly letter called "2014 FCE Connection." Council Presidents, Unit Presidents, and contact people--be checking your e-mails and sending the "Connection" on so that it gets read at each monthly group meeting. Thank you, Sharon!

Be putting dates on your calendars for 2014 upcoming events. March 13 is State Board meeting in Wichita; July 17-20 is National FCE Conference in Tucson, Arizona (the December issue of "FCE Today" has registration forms and details. Let's get a group together from Kansas and go!); State Conference is October 6-8 in Parsons.

See you soon!

SOUTH CENTRAL AREA

Wilma Lill, Director

I hope everyone has had a wonderful Holiday Season. I guess it's now time for us to get ready for the goals and plans for FCE for the year of 2014.

The South Central Area has nominated Glennis Bell from the Butler County Highland FCE Unit for the Heart of FCE honor. You will see more about her in President Sharon's report.

Marcia Young, the EPC person from the South Central Area, and myself will be judging the articles sent to the South Central Area Chairman, Marlene Faul.

The next event we will look forward to for the South Central Area is the Spring FCE meeting in McPherson at the 4-H Building on April 7, 2014. This is the meeting we pass out awards to the different FCE units that they have been awarded. There will be more information in a letter to be sent later.

The National FCE meeting will be in Tucson, Arizona in July 2014.

The 2014 State FCE meeting will be held in Parsons, Kansas on October 6, 7, & 8, 2014. For this meeting at Parsons think about making some jams and jellies to share.

My South Central Area Director's position will be ending this year so be thinking about someone to fill this position. We will also be needing an EPC person to take Marlene Faul's place.

We will be needing a new Vice-President person. If you have any suggestions for these positions from the South Central Area the person to call would be Mary Little or Geneva Wedel as they are on the National Nominating committee.

Hope to see you at some of these meetings.

NORTHEAST AREA

DeLores Walden, Director

Poppin Fresh

Poppin Fresh is 49 this year. The NE Area is looking to continue being POPPIN and FRESH partly because we have a new area director and have really great members with good ideas. I am a collector of Poppin Fresh and many other items but this is one of my favorites.

To introduce myself, I have been a member for 41 years and have held various position on the state, area, county and local levels.

(Continued on page 7)

(Cont. from page 6)

My husband (Don) and I have two children Rhonda and Rodney (and spouses), a granddaughter Sadie and a great granddaughter Hannah. I work full time in a physician office and really wonder why I haven't retired! I am able to get off on days I need for FCE.

NE Area will be looking for a replacement for myself on the EPC Committee. The term will run from 6-1-14 to 5-31-17. If someone in the NE Area would like to serve, please call me.

I have forward Sharon's letter to the county presidents with emails and it has been well received.

Our NE area FCE Council Meeting will be April 2, 2014 in Manhattan. Any FCE member is welcome to attend.

We will keep the NE Area POPPIN and FRESH in 2014

NORTHWEST AREA

Edith McClain, Director

Greeting from NorthWest.

As I write, there is snow on the ground but the sun is shining. A beautiful site to start the New Year.

The NW Fall Workshop was held in Nicodemus on November 12, 2013 with Angela Bates catering our wonderful meal. She also shared great information about the Nicodemus history.

It was a great day with 35 ladies present. Libby Curry, NW Extension advisor was present and shared some information about K-State. The NW EPC committee, Susan Gartrell, Leanna Larmer, and myself presented the 2014 lessons. Kim French of Rooks County has come on the committee and Susan has agreed to continue another three years. We all appreciate all three of the ladies.

Elaine Fischer of Wallace County was selected the NW Heart of FCE. Elaine has always been a very active member, having served a Area Director.

Congratulations to Elaine!

Karen Larmer will be serving as State Nominating committee chair and has agreed to be the NW nominating person also.

The Spring business meeting and District Recognition Day is set for Tues. April 29, 2014 with Thomas County as Host.

The Fall Workshop is set for Tues. October 28, 2014 with Phillips County hosting; that meeting will probably be held in the Logan area.

Those of us that attended the State Conference in Colby had such a great time and we are all looking forward to the 2014 Conference in Parsons.

It was great to get the January email from President Sharon with lots of great information.

The 2014 lessons should give us a jump start on the New Year's Resolutions. With lessons on Exercise and Food, there should be enough to make us all the best we can be. And don't forget the Character Counts "Respect". If your FCE is not sponsoring the Art & Essay contest, you can still enjoy a great lesson.

I will end with a repeat from Sharon: Get started, Get excited, Get going, and Get Involved.

Great start for 2014.

SOUTHEAST AREA

Janet Kirk, Director

I find it appropriate to use the fourth verse from our National FCE song, "Onward, Ever Onward as my thought to each of you as we start a new set of lessons, programs and activities in FCE.

"As we dedicate our hearts anew,
To FCE we will be true.
Making its aim and goal our guide,
Singing its praise and pride

Onward, ever onward
With a strength born of unity,
To our God, our home and country,
We will pledge our loyalty."

Our Southeast Area Spring Council Meeting/ Recognition Day will be Thursday, May 8th in the Oswego Community Building on the fairgrounds with Labette County hosting. Rudy Taylor, editor of the *Labette Avenue* will be our program speaker. Other county duties are: Crawford-morning goodies, Montgomery-program book, Bourbon-President's recognition, and Allen-decorations and door prizes. Mark your calendar now for this important area FCE event.

National FCE is sponsoring the 4th Grade
Essay and Artwork Contest.
2014 Theme: "RESPECT "Remember due
date is: **March 1, 2014**

Send county winner to:
KAFCE President Sharon Giacometti
221 east 670th Ave
Farlington, KS 66734

KANSAS ASSOCIATION OF FAMILY AND
COMMUNITY EDUCATION

KAFCE NEWS

Non-profit organization
U.S. Postage Paid
Permit #580
Manhattan, KS 66502

Fran Zerby
1830 Ft Riley Blvd.
Manhattan, Ks 66502

Postmaster:
Time Dated Material
Do Not Delay

Did you know Kansas FCE has a
website? Check it out at www.kafce.org.
Submit articles for the "news" page to
Marcy Price at marcyfce@yahoo.com.

Kansas Association for Family and Community Education
(USPS 290-4609) Founded February 9, 1954
Published Spring, Summer, Fall and Winter by
Kansas Association for Family and Community Education
Newton, KS, 67114
Submit all News items to: Fran Zerby
1830 Ft. Riley Blvd., Manhattan, Ks. 66502

2014 Calendar of Events

2014 Dates to Remember:

- March 13 Board of Director's Meeting
Wichita Extension Office (Cox Room)
- July 18 – 20 National FCE Conference,
Tucson, Arizona
- October 6-7 KAFCE Board of Director's Meeting
Parsons, Kansas
- October 7-9 KAFCE State Conference – Parsons, KS

2015 Dates to Remember:

- July 23 – 26 National FCE Annual Conference
Kansas City, Missouri

Congratulations!!!!

**New Secretary Carol Lintner
Atchison County**

**New Northeast Area Director
DeLores Walden
Shawnee County**