

KAFCE NEWS

Sept 12
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no. 3

Mary Jane's Musings. . . .

Five women traveling 12 hours – can you imagine what kind of conversation might have taken place. The NAFCE meeting was held in Erlanger, Kentucky in July so a road trip was in order for Sharon Giacometti – President-elect, Faye Spencer – Vice President, Peggy Martens – past State President, Janie Williams – State EPC member and myself. We covered lots of miles and lots of topics of conversation, and Faye got lots of stitching done. There was also a group that was part of the Kansas bus trip that Geneva Wedel put together.

It doesn't seem possible that this, for me, was my final National Conference as the Kansas State President. It was always a proud moment for me as I held the Kansas flag during the presentation of the State Presidents. I tried to represent each of you in a manner that would make you proud to call me your State President.

Highlights of the National meeting were: Watching Judy Fullmer complete her term as National President; Marcy Price continuing to serve in her term as National treasurer; seeing many Kansas sunflowers on those that came to the meeting via the bus trip and having Peggy Martens elected as the Central Region Program Coordinator for the next 3 years. We had good speakers, good sessions and great food and it was even cool while Kansas was experiencing a major heat wave.

Now for important Kansas tidbits:

August mailing: The August mailing should have been received by your county council president. If you have not receive any information, please start looking for this information as it has many time sensitive items in the packet.

Dues & Contribution form – please make sure that this is taken care of timely.

Area Director Timeline – this is to be copied and put in all the new 2012 Handbooks that your county received. The County Council President is responsible for making sure that the page is copied and given to all those that received the handbooks.

1st timer scholarship form – This form was left out of the June issue of the KAFCE News. We are sorry for the inconvenience that this has caused, but we tried to change the dates and since it should have arrived to the CC President in early August, those that needed the form should have gotten it timely.

State Conference: State Conference information is in the June issue of the KAFCE News and the early bird deadline was August 15. If you missed the deadline and still want to sign up, send it anyway. Don't miss State Conference, October 2 & 3 in Hutchinson.

If you can't find your KAFCE News, try www.kafce.org as the conference information is on our website.

Treasurer's Topics

Judy Emert

Four young women have been chosen to receive scholarships this year.

\$500 KAFCE Scholarships for students enrolled in Family and Consumer Sciences or related family issues fields went to:

Megan Roberts from Lindsborg, who will be a Sophomore at Kansas State University studying Hotel and Restaurant Management.

Brooke Richey from Columbus, who will be a Junior at Pittsburg State University studying to become a Family and Consumer Science teacher. She wrote, "I want to become a FCS teacher so that I can have an impact on students lives like many of my teachers had on mine."

Melanie Hudson from Pittsburg, who will be a Senior at Pittsburg State University studying Interior Design. She is a single mother who will be a Senior.

\$500 Joann Newby Adult Education Grant for students wishing to re-enter the labor force at a higher level job or in a more highly skilled field went to:

Angel Alvarado from Westmoreland, who will be a Sophomore in Construction Science and Management. She is married and has 4 children from 4 to 13 years of age. She has worked for KDOT for 3 years, but wants to be working out in the field and earning a higher income.

If you would like to encourage young people to become better educated, remember to contribute to these funds when you renew your KAFCE membership. Also, mention these scholarships and grants to young people in your family and/or community.

**Bring empty ink cartridges to State Conference for recycling and income for KAFCE.

**Bring your county dues and contributions to State Conference in a flat large envelope labeled with the county name.

SEE YOU THERE!

Suggestions for FCE WEEK -- October 13 -- 19

Offer a free membership to a newly wed couple....

Start a couples club.....

Do a community service project – and fill out the paperwork for a National award.

2011 STATE EDUCATIONAL PROGRAM AWARD WINNERS

- a. Education
 - i. First Place: Rock N Roll FCE, Neosho County, Southeast Area. "Someone's in the Supermarket Buying Safe Food?"
 - ii. Second Place: Sliferette FCE, Crawford County, Southeast Area. "Invitation to Dine"
 - iii. Third Place: Evening Belles FCE, Saline County, South Central Area. "Sugar, More Than Just a Sweetener"
 - iv. Honorable Mention: Friendly Neighbors FCE, Ellsworth County, South Central Area. "Sugar, More Than Just a Sweetener"
- b. Leadership
 - i. First Place: Ideal FCE, Labette County, Southeast Area. "Caring, National Lesson"
 - ii. Second Place: Trousdale FCE, Edwards County, Southwest Area. "Caring, National Lesson"
- c. Action
 - i. First Place: Hobart Homakers FCE, Rooks County, Northwest Area. "Scraps to Treasures"
 - ii. Second Place: Paradise Dell FCE, Russell County, Northwest Area. "Someone's in the Living Room with an Eye for Redecorating"
 - iii. Third Place: Don't Dodge Difficulty FCE, Labette County, Southeast Area. "Scraps to Treasures"
 - iv. Honorable Mention: Dover FCE, Shawnee County, Northwest Area. "Someone's in the Living Room With an Eye for Redecorating"

COMMUNITY SERVICE CATEGORY

1. First Place: Vinland FCE, Douglas County, Northeast Area, Project: Noodle Making
2. Second Place: Broderick FCE, Pottawatomie County, Northeast Area. Project: "Help Us Learn... Give Us Hope"
3. Third Place: Spring Hill FCE, Johnson County, Northeast Area. Project: Sleepy Head Beds Donation
4. Honorable Mention: Ideal FCE, Labette, Southeast Area. Project: Giving a Helping Hand

COUNTY COUNCIL PROJECTS

ACTION

1. Tie for first place:
 - Johnson County. Northeast Area. Project: "Scraps to Treasures"
 - Shawnee County. Northeast Area. Project: "Scraps to Treasures"
2. Third place: Cherokee County. Southeast Area. Project: "Scraps to Treasures"
3. Honorable Mention: Harvey County. South Central Area. Project: "Caring"

EDUCATION

1. First place: Douglas County. Northeast Area. Project: "Seasoning with Spices and Herbs"
2. Second place: Labette County. Southeast Area. Project: "Being Green"
3. Third place: Pottawatomie County. Northeast Area. Project: "Vitamin D".
4. Honorable mention: Neosho County. Southeast Area. Project: "An Invitation to Dine".

INDEPENDENT MEMBER REPORTS

- HONORABLE MENTION
 1. Virginia Pringle. Osage County, Southeast Area. Made a poster on FCE lessons.
 2. Pauline Fecht. Hamilton County, Southwest Area. Scraps to Treasures and a display at the State FCE Conference.

100% REPORTING
2011 FCE ACCOMPLISHMENT REPORTS

<u>NE AREA</u>	<u>SC AREA</u>	<u>SE AREA</u>	<u>SW AREA</u>	<u>NW AREA</u>
Atchison	Butler	Allen	Edwards	Cheyenne
Republic	Ellsworth	Bourbon	Gray	Norton
Shawnee	Harvey	Cherokee	Greeley	Rooks
Douglas	McPherson	Crawford	Hodgeman	Sheridan
Jackson	Ottawa	Labette	Lane	Sherman
Johnson	Reno	Montgomery		Smith
Mitchell	Saline	Neosho		
Nemaha	Sedgwick			
Pottawatomie	Sumner			
Wyandotte				

FCE WEEK IS

OCTOBER 13 – 19

Celebrate the anniversary of your FCE Club

Visit your Senior Center
it's surprising the FCE history lurking there!

FCE WEEK October 13–19

2013 Lessons

K-STATE: Cook Once, Eat for a Month

Preparing a month of meals in a single day seems like a daunting task, but it can be done. This lesson will teach individuals the basics of this method of preparing meals, providing them with the tools they need to provide healthy, home-cooked meals for their families. Once people learn this method of cooking, they will begin to see the many benefits it can provide.

K-STATE: Emotional Appetite: The Food and Mood Connection

Everyone eats! But the foods we eat are influenced by many things including emotions. This lesson is designed to help participants identify the difference between emotional hunger and physical hunger as well as how the foods they eat affect their mood.

From Awareness to Action: the Military Family in Our Communities

As military service members return home from months of deployment there is celebration coupled with re-integration. As time passed during these deployments, within-boarder training exercises or disaster recovery and restoration missions, the service member, as well as, members of their families changed. It's important that community members understand those changes and how they can be of help as the military family get reacquainted and reintegrated. This lesson equips community-based volunteers, professionals, and civic leaders with the knowledge and resources necessary to support military families through times of challenge.

FCE: Every Day Can be a Holiday, Written by Janie Williams, Parsons, KS,
KAFCE Educational Program Committee

People are never too old or too young to laugh, have fun and learn something new. "Themestorming" can play a major part in the enthusiasm of materials presented in this lesson. Celebrating some lesser known holidays will spark your interest in creative thinking. "Themestorming" ideas from your group will lead to ways for using holiday topics as service projects to benefit the community, educational activities for all ages and will develop leadership qualities in those participating.

FCE WEEK
Is
OCTOBER
13 – 19

Do some-
thing fun to
celebrate!

FCE: Beauty That Comes Deep Within

Being beautiful has as many meanings as there are people. Setting your standard for just a physical appearance is shallow, it is not everything. Outward beauty should be acquired by being physically fit. The other side of the coin is to have "Beauty That Comes Deep Within." One's mental fitness does influence how one's body works. This lesson will provide tips to physical fitness, explore how a women's body reacts to stress, and what are women's health problems associated with stress and provide suggestions of stress busters.

FCE: Ways to Stretch Your Money, Written by Tina Bailey, Mayetta, KS KAFCE State Educational Program Committee.

Provide the local grocery store with FCE
brochures to stuff in their bags.

FCE WEEK October 13 - 19

SOUTHWEST AREA

Dorene Reimer, Director

How can it be the beginning of back-to-school thoughts and dreams of fall weather? At least I'm hoping for some kind of cool down! BUT FCE activities and responsibilities are just beginning to heat up!

August mailings are out, and I encourage all Southwest Area Council Presidents to go through all the material and copy any forms and distribute to FCE members to whom they pertain. Be sure you and all other interested FCE members in your county have filled out and mailed in registration for State Convention, October 1 & 2 in Hutchinson. Hopefully, you have met the Early Bird date of August 15th! Information and the proper form can be found in the KAFCE News, June Issue. It is important to seek out FCE members in the county interested in attending State Convention for the first time and give them the First Timer Scholarship Application, due by September 1.

All FCE groups need to nominate one of their members for the Heart of FCE Award so that the County Council can send their nominee to me by October 1. Many of the deadlines are October 1, so September is the month to take care of business! There is a KAFCE County Forms Deadline Chart enclosed in the August mailing that should be helpful. October 1 and November 1 are important dates!

I'm looking forward to the State Education Program Training in Salina on September 5 & 6. The lessons for 2013 look interesting and timely. Our Fall Area Workshop and Area Council Meeting will be October 23 at Leoti, Kansas, where reviews of these 2013 lessons will be given.

Remember that KFCE Week is October 14 through 20. Why not plan a special activity in your county during that week? Public exposure to FCE's mission is a good thing and essential to our survival.

Our Mission: Strengthen individuals, families and community through continuing education, developing leadership, and community action!

SOUTH CENTRAL AREA

Wilma Lill, Director

Greetings from the South Central area. It has been a busy summer just trying to stay cool if nothing else. I just got home from the National Association for Family

and Community Educational 2012 Annual Conference which was held at Enlanger, Kentucky. I was on the bus trip arranged by Geneva Wedel. I saw a lot and learned a lot plus attending the 76th Annual National Conference about FCE.

I attended the meeting on volunteerism, "How Big is Your Heart." Another meeting I attended was "Dress with Respect", "Autism", and "Be Sure of Your Community Decision Makers". It is always nice to share ideas with others.

I'm now getting busy with the fall meeting and will be attending the state education programs training on September 5th and 6th at the Webster Conference Training Center in Salina.

In October the State Conference at Hutchinson is on October 1,2,and 3. The registration form was in the June KAFCE News. You should try to get this form in before August 15, 2012. The meeting will be at the Hutchinson Ramada Inn.

October 29, 2012, there will be a fall meeting for South Central area at the Benton Methodist Church. There will be more about this meeting in the letter I will be sending to the Council President of South Central and Independent Members. If there is no Council President I will mail the letter to the President of your group.

Also remember FCE week on October 14-20th. Looking forward to seeing or hearing from you.

SOUTHEAST AREA

Janet Kirk, Director

Hooray, it's Back to School time! Cooler weather hopefully, eager children, community Fall Festivals, Chicken Noodle Dinners, and State FCE Conference fast approaching.

It will soon be time to think about new county and local unit officers, selecting a Heart of FCE candidate by October 1, checking on membership and unit tenure recognition by November 1, and writing up your county and unit accomplishments by December 1. The August mailing packet from KAFCE should have all the appropriate forms included or use our state website, www.kafce.org.

Southeast Area Fall Workshop and 2013 Lesson Training is scheduled for Thursday, November 8 at the Neosho County Courthouse, Erie beginning at 9am. Mark you calendars now and watch for additional information from me.

NORTHEAST AREA

Diane Hanzlicek, Director

It is time to start thinking about the fall schedule for Northeast area FCE. September is the time for unit and county council elections. Please step forward and volunteer for offices on the local, county, area and state level.

Fall is also a time for many deadlines in FCE. October 1st is the deadline for the county council officer form and the Heart of FCE nomination form-----to me!

Do you remember when you joined FCE? If this is an anniversary year for you please let your county council president know by October 1. We do not want anyone to miss out on an award. Please call or email me if you have questions. This form is due to me by November 1, 2012.

It is not too late to register for State Conference in Hutchinson on October 2 and 3, 2012. If you have misplaced your KAFCE NEWS June issue, you can go to www.kafce.org to print off a registration form. Mary Jane Adams from Riley County is running for State Treasurer. She is from our Northeast Area.

The Northeast Area Fall Council meeting and lesson training will be held November 1m 2012 in Manhattan.

NORTHWEST AREA

Karen Larmer, Director

As I write this, I am preparing for knee replacement surgery the end of August. I plan to be up and running for the state conference but will not be at the state EPC training. However, I know that the training is in good hands with the present area EPC committee of Terrii Bowman-Collins, Susan Gartrell, Leanna Larmer and our upcoming area director, Virginia Slimmer.

It's time to start thinking about the fall schedule for Northwest area. I hope that you are planning to attend the state conference in Hutchinson in October. If not, we'll tell you about it in November at the area fall workshop. The fall workshop is scheduled for November 1st in Smith Center. More details will follow in a letter or email to county council chairmen around late September or early October. As you meet for county councils in September and October, please be thinking of and talking to people in your county that would be good on the state nominating committee. We had to postpone that appointment until the fall meeting due to lower attendance at the spring meeting. We need a member and an alternate.

Lastly, keep in mind that Northwest Area is responsible for the state conference in 2013. It will be held October 7-9 in Colby at the community college. When you are contacted for assistance, please be prepared to give it your best effort.

kslarmer@yahoo.com

This space is left blank for:

Your ideas for:

Lessons

Ideas on what you would like to see in the KAFCE News

Things you would like to know from the KAFCE State Board of Directors

Bring ideas to State Conference or send to Mary Jane Adams, State President

KANSAS ASSOCIATION OF FAMILY AND
COMMUNITY EDUCATION

KAFCE NEWS

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Did you know Kansas FCE has a website? Check it out at www.kafce.org. Submit articles for the "news" page to Marcy Price at marcyfce@yahoo.com.

Dates to Remember:

KAFCE Board of Director's meeting
Hutchinson – October 1 & 2, 2012
KAFCE State Conference – Hutchinson
October 2 & 3, 2012
National FCE Week – October 14 – 20, 2012

2013 Dates to Remember

KAFCE Board of Director's meeting – TBD
KAFCE Executive Committee meeting – Summer - TBD
NAFCE Conference – July 18 – 21, 2013
Fargo, North Dakota
ACWW Triennial – September 26 – October 2, 2013
Chennai, India
KAFCE Board of Director's meeting – October 7, 2013
Colby
KAFCE State Conference – October 7-9, 2013
Colby, Northwest Area

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**Place FCE information
in the waiting rooms of
doctor, dentist or eye
doctors.**

FCE WEEK — OCTOBER 13 — 19