

# KAFCE NEWS

June 12  
vol. 46  
no. 2

## Mary Jane's Musings. . . .

Oh No!!! I missed the deadline – what will I do!!!!

Have you ever missed a deadline? Well, as I write this article for the June issue of the KAFCE News, it is after the deadline. Yes, I did warn Fran, the editor, that the article might be delayed because of the lack of news from my position as State President.

I could cover this space with grandson(s) stories or changes in my many jobs or the weather, but I know you would prefer to hear KAFCE News, so keep reading as the more I write the more news there is to report.

“The official Call for the annual KAFCE Business meeting” is on the front page. You have now been informed about the business meeting which is a part of our STATE CONFERENCE, October 2 & 3, in Hutchinson. This issue contains all the information you will ever want to know about the conference.

**PLEASE NOTE!!!!!!! The conference registration form is a part of the booklet of this issue of the KAFCE NEWS. You will have to separate the sheet in order to mail it in.**

NATIONAL CONFERENCE is July 19-23 in Erlanger, Kentucky. **RIDERS ARE NEEDED** for the bus trip. Please contact Geneva Wedel, 2475 Iron Horse Road, Canton, KS 67428-9014 or (620) 628-4958 ASAP.

AUGUST MAILING – County Council presidents will receive the usual packet of important information early in August. It is the responsibility of the CC President to make sure all the information is given to the correct person. Please note that State conference is early this year so if you normally deliver your dues to the State Treasurer at State conference, you need to start early.

Check out the area director information as it is always fun to read what the other areas of the start are doing.

OFFICIAL CALL \* OFFICIAL CALL  
for the annual  
Kansas FCE Business Meeting  
Tuesday October 2, 2001  
At 1:30 p.m.  
Ramada Inn  
Hutchinson, Kansas

*This meeting is for the purpose of electing officers, receiving reports and transacting other business as may properly come before it. Since KAFCE News goes to every member all Kansas FCE members as well County Council Presidents should consider themselves duly notified.*

OFFICIAL CALL \* OFFICIAL CALL

## From Our Vice President Faye Spencer

Do you remember some years ago (or is it decades?) there was a television public service announcement around 10:30 pm stating, "The time is 10:30 pm, time for curfew. Parents, do you know where your children are?"

Here it is half past June. Do you know where your 2012 Accomplishment Report is? If you have not yet received one, contact your county council president. The form is also available at the [www.kafce.org](http://www.kafce.org) web site.

Some may think the Accomplishment Report is written in Latin or is an instrument of torture. I will assure you, it is written in English and it is not an instrument of the devil, even though some people may be saying very strong descriptive words when trying to complete the form on November 30.

There is no need to get all stressed out. Instead of treating it like a mountain of paperwork at the end of the year, do a little bit at a time. After each program and with the help of the secretary's minutes, the unit's vice-president or EPC member may record in the Tabulation Data section.

The K-State and KAFCE lessons offer opportunities to make changes. The changes may be in the areas of relationships (how we interact with others); physical and psychological well-being (how we care for our bodies and how we feel about others); and resource management (how we manage money and time). To make these changes, one would set a goal. This does not need to be hard work or "soul searching."

### OBJECTIVES/GOALS:

To set a goal, consider exactly what you want, what must you do, and what resources and/or outside help will be needed to achieve the goal. Write down your goal and review it often. It should be very specific and measurable. For example: "I want to lose weight" is vague. A better goal would be: "During the months of June and July I will lose 12 pounds by increasing the number of fruit and vegetable servings and doing physical activity for 30 minutes daily."

### ACTION:

A goal is end result. To reach that goal, there needs to be some action. Just like writing a goal, an action plan needs to be specific. For example: planning menus with more fruits and vegetables, purchasing comfortable shoes and casual clothes, talk with family members to join in the fun, consult with physician, take a workout class, schedule time for physical activity, etc.

### RESULTS:

How will you know if you are reaching your goal? Make a record of you activities. Those activities that are linked to numbers are easier to record. Keeping records is not to just add another chore but a way to show your progress towards your goal and desired changes.

### EVALUATION:

Life happens. There are barriers that waylay us from our goals. Not all good intentions are well received. Some goals, action plans, and recordings are not realistic or workable. Not all the changes are achieved. If that happens, then comfort yourself that you can choose to keep trying until you succeed. But should you be the ones that have the changes that are achieved; pat yourself on the back and say well done.

## Treasurer's Topics Judy Emert

We are to elect a new KAFCE Treasurer at the State Conference in Hutchinson October 2 and 3. Ellie Elsen and the Nominating Committee have been making contacts, but they have not located anyone willing to be a candidate. If you like to work with numbers (with dollar signs in front of them) please call Ellie (620-225-6368) or me (785-284-3095) to discuss this opportunity.

Since State Conference is in early October, please complete your membership process in September so someone can bring the dues, contributions, and membership forms for your county to Hutchinson. Thanks for not stapling the forms. Please DO NOT print any additional information in the dues section. All members should complete this for themselves. Remember that those who are 80 years of age by 12/31/2012 can pay the lower Senior dues IF they list their birth date. Please complete every blank carefully and remember to SIGN your form!

It is exciting that 46 new members have joined KAFCE this past year. We are concerned that 89 have chosen to be Independent members. They are missing the social aspect of belonging to a group and working together.

## SOUTHWEST AREA

Dorene Reimer, Director

What a whirlwind of activities in FCE--local, area, and state--we've had this spring--yes, we are able to talk about spring very early this year. Our District Recognition Day and Spring Area Council Meeting were April 10, at Rush Center. Seventy-two were in attendance, and what a fun time we had. Happiness was expressed in so many ways--everything from loud laughs to quiet amusement. The purse theme was carried out with a purse style show and a purse scavenger hunt. The speaker, Rosa Wilson, from Rush County, spoke about our different Purse-onalities. The wonderful food topped off a truly great day. There were so many outstanding recognitions and accomplishments, indicating many members' true servanthood to FCE and to educating communities.

It's not too early to begin thinking of an FCE member from each county to be nominated for the Heart of FCE Award. I know every county has at least one such deserving member who has touched many people through FCE. This year's SW Area Heart of FCE Award went to Lillie Hearth, from Lane County.

Don't forget to register for State Conference by August 1, 2012, to get the early bird price! Conference will be in Hutchinson on October 2nd and 3rd. Don't miss out on all the tours and workshop sessions and new people, not to mention the food. Also, the August mailing will include award applications on appropriate colors of paper and all the details, including who to send the applications to and by what date.

I was pleased to meet many SW Area women at our District Day. Thank you for being so friendly and welcoming to me as I try to find my niche!

Have a great summer!

### Leadership Training Notice

Please mark Wednesday and Thursday, September 5th and 6<sup>th</sup> on your calendar for the KAFCE Leadership Training of the 2013 lessons and programs at the Webster Conference Center in Salina. There will be a variety of topics, something for everyone. All Area Directors, Incoming Area Directors and Area Educational Program Committee members will be sent invitations with directions and specifics in late June.

## SOUTHEAST AREA

Janet Kirk, Director

Our State FCE theme for the year is "Allegiance to Family, Community and Country". How appropriate that our Essay and Artwork Contest was on Citizenship along with the upcoming Presidential election. Each unit has the privilege to use this lesson material as their accomplishment report project, or a county council focus or for individual awareness.

How can you be a good citizen?

Care about your community, state, and country. Obey the laws and rules.

Improve something in your neighborhood or community.

Take the time to learn about how our government works.

Involve yourself by becoming a leader in your town, FCE, or at your place of worship.

Zero in on something that needs fixing and work with others to do the job.

Encourage others you know to vote and vote yourself.

Never forget to show respect for people, animals, plants, and property.

Participation is the key to being a good citizen and FCE member. If you have never attended State Conference, please consider it on October 2-3 in Hutchinson. The rewards are worth the effort.

## SOUTH CENTRAL AREA

Wilma Lill, Director

The South Central Area Meeting District Recognition Day was held on April 2, 2012, at the Bethel College Mennonite Church, North Newton, Kansas. It was hosted by Butler and Harvey Counties. We had a good business meeting in the morning session. The new EPC person for a three year term will be Jean Rowland from McPherson County, which was a delight for me because she volunteered for this position. She will serve with GiGi Roth and Marlene Faul. Peggy Marten and Mary Little of the State nominating committee are to find a secretary for the State position.

After lunch we had a program called Creation Celebration with pictures shown by Duane Bryant with music provided by Vada Snider on the flute and Karen Loucks on piano.

I felt very proud to have the honor to present the award with GiGi Roth and Marlene Faul's help to the FCE members and FCE units.

I hope everyone is looking forward to attending the 2012 National FCE Conference which will be held at Erlanger, Kentucky on July 19-22, 2012. Geneva Wedel has planned a tour to the National Conference. The tour is from July 16, 2012 to July 25, 2012.

The FCE training will be held at Webster Center in Salina on September 5-6, 2012.

## NORTHEAST AREA

Diane Hanzlicek, Director

Wow! Northeast Kansas FCE members are active, involved and committed to our local, state and national projects. Over 250 members and guests were in attendance at four FCE District Recognition Days hosted by Riley County in Manhattan, Republic County in Belleville, Brown County in Hiawatha and Douglas County in Lawrence. More than 100 awards, seals and certificates were presented at these four events. The many programs included a lecture and slide presentation, "The Wonders of Vietnam", by Jennifer Wilson; a name that tune, "Life Events Story" presentation by Marge Waring of Belleville; a presentation by Eric Oldham, Director of the Brown County Historical Society Museums on historical sites in Brown county; a lecture, demonstration and slide presentation, "Traditional Dances in Contemporary Kansas", by Joan Stone, Retired Professor of Dance History and Choreography at the University of Kansas. Her topics included the Volga-German Wedding March, Swedish Dance in Lindsborg and the Haskell Powwow; a program by Steve Mason, a Lawrence luthier and musician and owner of the Steve Mason Luthiers and Violin Shop; and a program by Ron Wilson, Director of the Huck Boyd National Institute for Rural Development, Kansas State University, titled "Tumbleweed Tales of Amazing Kansans: Entrepreneurs in Rural Kansas". Ron is a member of the Kansas Humanities Council Speakers Bureau.

The Northeast FCE area spring meeting was held April 5, 2012 in Manhattan. 61 members, FACS agents and guests were in attendance. Joyce Blanka, Pottawatomie County was appointed to the NE area EPC committee. Her term will begin June 1, 2012 and end May 31, 2015. Anne Reves, EPC area chairman from Pottawatomie County will be ending her term on May 31, 2012. Thank you for all your contributions to FCE Anne. Elected to the State Nominating committee from NE area are Alberta Parry, Washington county and Barbara Rannebeck, Jewell county as alternate. Dr. Betsy Bergen, Topeka, a retired Kansas State University educator in Human Sexuality, Marriage and Family Relationships, presented a program, "The Fun of Aging: Cherished memories of relationships from childhood to the joys of retirement" illustrated with quilts made by Dr. Bergen.

The next NE Area meeting and presentations of 2013 lessons will be held November 1, 2012 in Manhattan at Pottorf Hall, Riley County Fairgrounds.

## NORTHWEST AREA

Karen Larmer, Director

The Northwest Area Spring Business meeting and Area Recognition Day was held in Sharon Springs on April 19 at the Mt. Sunflower Bed and Breakfast with 25 people in attendance. Virginia Slimmer of rural Plainville was elected as the Incoming Area Director for 2013-15. Leanna Larmer of Colby was appointed as the new Area EPC committee person for 2012-15. No volunteers for the state nominating committee were forthcoming so it was decided to table that appointment until the fall meeting which usually has a larger attendance. The nominating committee would be responsible for locating nominees for the office of state secretary. Various awards were presented but particular congratulations go to Darlene Day of Lenora for 65 years of membership and Irene Schneider--Russell, Dorothy McRae--Hays, and Joan Best--Hoxie for 50 years of membership.

Members were reminded that NW area will be hosting the state conference in 2013 and Colby Community College will be the location. The theme will be FCE – At Home on the Range in recognition of the 140th anniversary of the song in 2013 and the fact that the Home on the Range cabin is in the NW area in Smith County. Conference chairs are the Larmer family with Morning Glory unit members as the rest of the committee. All counties will be contacted to contribute in some way so be ready to help out when called.

After lunch, NW area members were treated to a tour of the B and B as well as a program and demonstration of Antique Organs by Dick Rhea who has a museum in Sharon Springs. Members were also entertained by the Classic Cats choir of Wallace County High School. You missed a great program if you weren't there so I hope to see you in the fall.

BRING A FRIEND WITH YOU TO  
KAFCE CONFERENCE

DON'T FORGET TO INVITE  
SOMEONE TO JOIN FCE!!!

## 2012 CONFERENCE REGISTRATION FORM

Kansas FCE State Conference ~ October 1-3, 2012  
Ramada Inn ~ Hutchinson, Kansas

Name (Please Print) \_\_\_\_\_ ID# KS-\_\_\_\_ - \_\_\_\_  
(Last) (First) (M. Initial)

Mailing Address (Street or PO Box) \_\_\_\_\_

\_\_\_\_\_  
(City) (State) (Zip) (County)

Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_ E-mail \_\_\_\_\_  
(please type or print legibly so confirmation may be sent)

Area (circle one) NE NW SC SE SW FCE Club Name \_\_\_\_\_

**Affiliation (check all that apply):**

- Kansas FCE member       My First KAFCE Conference       I will be a hostess  
 Non Member       County Council President in 2012       Past State President  
 State Board Member       I will donate an item/s for the auction       FCS Advisor

**REGISTRATION FEES:**

<b>Member and/or Advisor</b>	Early Bird <u>Mailed by 8/15</u>	Postmarked <u>8/16 to 8/29</u>	Postmarked <u>8/30 or after</u>	\$ _____
Full Conference (includes banquet and lunch)	\$75.00	\$90.00	\$110.00	\$ _____
35 years of age and younger may deduct \$15.00 from the full conference registration fee.      \$ _____				
Tuesday only (includes banquet)	\$50.00	\$60.00	\$70.00	\$ _____
Wednesday only (includes luncheon)	\$50.00	\$60.00	\$70.00	\$ _____
Banquet only ____ or Luncheon only _____				\$25.00      \$ _____

**Non Member**

Full Conference (includes banquet and lunch)	\$90.00	\$105.00	\$125.00	\$ _____
Tuesday only (includes banquet)	\$65.00	\$75.00	\$85.00	\$ _____
Wednesday only (includes luncheon)	\$65.00	\$75.00	\$85.00	\$ _____
Banquet only ____ or Luncheon only _____				\$30.00      \$ _____

**Free Full Continental Breakfast.** On site restaurant is available at dinner/supper time only.

**CONFERENCE TOURS AND MAKE 'n' TAKE FEES:**

**Monday Tour**

Old Downtown Shopping District (includes lunch at Anchor Inn) .....	\$18.00	\$ _____
Kansas Cosmosphere and Space Center .....	\$15.00	\$ _____

**Tuesday Tour**

Pleasantview Shopping (includes lunch at Dutch Kitchen) .....	\$20.00	\$ _____
Kansas Underground Museum and Salt Mine (lunch not included) .....	\$20.00	\$ _____

**Make 'n' Take**

Tatting (no take home kit available for this class).....	\$10.00	\$ _____
Beaded Bracelets .....	\$5.00	\$ _____
Flowers from Felt and Fabric .....	\$5.00	\$ _____
Recycled Christmas Ornament .....	\$4.00	\$ _____
Small Gift Boxes .....	\$2.00	\$ _____
Felt Gift Bag .....	\$3.00	\$ _____
Place Mats from Cards .....	\$3.00	\$ _____
Cardboard Tube Craft .....	\$2.00	\$ _____
I can not attend but would like a kit for _____ .....	\$same as class	\$ _____

**TOTAL AMOUNT Due**      \$ \_\_\_\_\_

Please make check or money order payable to: **KAFCE CONFERENCE**

**MAIL to:** Peggy Martens, P.O. Box 443, Inman, KS 67546-0443

**“FCE – SALT of the EARTH”**(please - print **NAME** you want on your name tag)**Monday, October 1, 2012**

Tours:

- \_\_\_\_\_ 11:00-3:30 Old Downtown Shopping District includes lunch at the Anchor Inn  
 \_\_\_\_\_ 1:30-4:15 Kansas Cosmosphere and Space Center (Planetarium Show)

Make ‘n’ Take:

- \_\_\_\_\_ 1:00-5:30 Needle Tatting (class limit is 8 persons) first part  
 \_\_\_\_\_ 1:30-2:30 Flowers from Felt and Fabric  
 \_\_\_\_\_ 1:30-2:30 Beaded Bracelets  
 \_\_\_\_\_ 2:45-3:45 Beaded Bracelets  
 \_\_\_\_\_ 2:45-3:45 Recycle Christmas Ornament  
 \_\_\_\_\_ 4:00-5:00 Recycle Christmas Ornament  
 \_\_\_\_\_ 4:00-5:15 Small Gift Boxes from Greeting Card

**Tuesday, October 2, 2012**

Tours:

- \_\_\_\_\_ 7:40-12:30 Pleasantview Shopping includes lunch at the Dutch Kitchen  
 \_\_\_\_\_ 8:45-12:00 Kansas Underground Museum and Salt Mine (lunch not included)

Make ‘n’ Take:

- \_\_\_\_\_ 8:00-10:45 Needle Tatting (second part continues from Monday)  
 \_\_\_\_\_ 8:15-9:30 Small Gift Boxes from Greeting Card  
 \_\_\_\_\_ 8:15-9:30 Felt Gift Bag  
 \_\_\_\_\_ 9:45-11:00 Place Mats from Cards  
 \_\_\_\_\_ 9:45-11:00 Cardboard Tube Craft

**1:00 p.m. KAFCE ANNUAL MEETING**

3:00 p.m. “How to Be a Productive FCE Member” with Judy Fullmer, parliamentarian

4:00 p.m. “Living Life Richer” with Donna Martinson

6:00 p.m. Awards Banquet and Recognition’s

7:45 p.m. Benefit Auction for KAFCE Scholarships with Jim Stucky (professional auctioneer)

**Wednesday, October 3, 2012** (number 1<sup>st</sup> and 2<sup>nd</sup> choices in each time slot)

Special Interest Sessions:

- \_\_\_\_\_ 8:00-8:45 What’s New with Soy Baking?  
 \_\_\_\_\_ 8:00-8:45 Kansas Pork  
 \_\_\_\_\_ 8:00-8:45 Advance Funeral Planning  
 \_\_\_\_\_ 8:00-8:45 Sights and Sounds of Cheyenne Bottoms  
 \_\_\_\_\_ 9:00-9:45 What’s New with Soy Baking?  
 \_\_\_\_\_ 9:00-9:45 Kansas Pork  
 \_\_\_\_\_ 9:00-9:45 Flying Flowers  
 \_\_\_\_\_ 9:00-9:45 Dressing a Better World  
 \_\_\_\_\_ 10:00-10:45 Harvey House Girls: It all started in Topeka  
 \_\_\_\_\_ 10:00-10:45 Dressing a Better World  
 \_\_\_\_\_ 10:00-10:45 Kansas to Kenya

11:30 Luncheon with Frankie Valens ~ speaker/entertainment

## 2011 Educational Program Numbers The Power of One

A goal of KAFCE is stated in our mission statement and creed, striving to strengthen our families and communities through continuing education and leadership. A member could ask, "Am I truly making an impact? How or when is this goal achieved? Is it worth my time to give lessons or community service?"

We know of all the hard effort our membership has done when the Accomplishment Reports submitted by the units, individuals and county councils are totaled by the State EPC.

In the 2011 there were 1,486 members. Total number of members reached was 6,440. This would mean, on average, that possibly one member attended at least four lessons. Total number of others reaches was 278,236. How impressive is that! One member could have reached 187 people. Or each of the nine lessons could have been heard or shared with 30,915 people.

Those figures would be for those attending the lessons. Our members were very diligent in providing booths or displays at fairs or other public meeting places, and writing articles for their local newspapers. The total of media/booth/display is 1,318,106. One member reached out to 887 in their community.

The total number for public policy/official contacts was 35,000 or average one member contacted 23 in an official capacity.

"Is this worth my time?" If the state paid \$7.26 per hour for the number of hours members spent taking lessons, preparing for the lessons and then the time to give the lessons, the bill would be \$149,538.50. One member would have earned \$100.63 for the 13.88 hours to give a lesson. There was a total of 20,626 volunteer hours.

When ranked by number of members reached, the top seven lessons were:

1. An Invitation to Dine	1,018
2. Scraps to Treasures	904
3. Vitamin D Sunshine to Supplements	891
4. Seasoning with Spices and Herbs	862
Sugar: More Than Just a Sweetener	847
6. Someone's in the Supermarket	697
7. Someone's in the Living Room	679

When ranked by the number of volunteer hours, the top seven lessons were:

1. Scraps to Treasures	5880
2. An Invitation to Dine	3057
3. Someone's in the Living Room	2677
4. Seasoning with Spices and Herbs	2177
5. Vitamin D Sunshine to Supplements	1724
6. Sugar: More Than Just a Sweetener	1529
7. Someone's in the Supermarket	1328

## Give a Hand for National

National FCE 76<sup>th</sup> Conference is coming July 19-23 in Erlanger, Kentucky. We have opportunities to help with fundraisers. You can help whether you are going or not. If you are going, you can take your own. If you are not going, someone can take it for you.

These opportunities are:

**APRONS FOR SCHOLARSHIPS, TIE ONE ON FOR A GOOD CAUSE!** This is to help send members to the conference next year. Make an apron and send it along (or take it with you) for those in attendance to bid on and see how much money can be raised. Our own, Faye Spencer received a first timer scholarships for this upcoming National Conference – yea Faye!!

**F C E** aids in **F**unding **C**ancer **E**ducation – This is a decorated bra contest. The bra with the most dollars will be the winner. The dollars will be used by National in Breast Cancer education.

It is amazing to see just how creative FCE folks can be – don't miss an opportunity to be a part of these fundraisers and share your creativeness as well.

**HONOR FUND** - At National conference, there will be pictures up of people we should all know. It will cost you to "guess", but the proceeds from all of this guessing will go to the Honor Fund.

Don't miss out on the fun of National Conference, even if you can't attend, by helping with one of these fundraisers. If you are interested in being a part of this and need more information, contact Mary Jane Adams, 2135 Snowbird Drive, Manhattan, KS 66502 no later than June 30.

KANSAS ASSOCIATION OF FAMILY AND  
COMMUNITY EDUCATION

## **KAFCE NEWS**

Non-profit organization  
U.S. Postage Paid  
Permit #580  
Manhattan, KS 66502

**Fran Zerby**  
**1830 Ft Riley Blvd.**  
**Manhattan, Ks 66502**

**Postmaster:**  
**Time Dated Material**  
**Do Not Delay**

Did you know Kansas FCE has a website? Check it out at [www.kafce.org](http://www.kafce.org). Submit articles for the "news" page to Marcy Price at [marcyfce@yahoo.com](mailto:marcyfce@yahoo.com).

Kansas Association for Family and Community Education  
(USPS 290-4609) Founded February 9, 1954  
Published Spring, Summer, Fall and Winter by  
Kansas Association for Family and Community Education  
Newton, KS, 67114  
Submit all News items to: Fran Zerby  
1830 Ft. Riley Blvd., Manhattan, Ks. 66502

### **Dates to Remember:**

KAFCE Executive Committee meeting – June 2012  
National FCE Annual Conference  
Florence, Kentucky – July 19 – 22, 2012  
KAFCE Board of Director's meeting  
Hutchinson – October 1 & 2, 2012  
KAFCE State Conference – Hutchinson  
October 2 & 3, 2012  
National FCE Week – October 14 – 20, 2012

### **2013 Dates to Remember**

KAFCE Board of Director's meeting – TBD  
KAFCE Executive Committee meeting – Summer - TBD  
NAFCE Conference – July 18 – 21, 2013  
Fargo, North Dakota  
ACWW Triennial – September 26 – October 2, 2013  
Chennai, India  
KAFCE Board of Director's meeting – October – TBD  
KAFCE State Conference – October – TBD  
Northwest Area

## **Early Bird Deadline**

**for State Conference is**  
**August 15, 2012**

**Don't miss it**