

KAFCE NEWS

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OFFICIAL

A MOMENT WITH MARCY Your KAFCE President

The 2009 KAFCE Conference was held in Pittsburgh this year and was a great success. We enjoyed fantastic speakers and interesting tours as well as getting to see friends we had not seen in a year as well as making new friends. Nancy Kernick did a fabulous job chairing the committee for the conference and has worked long and tirelessly to put together a great conference.

Judy Emert was elected State Treasurer for KAFCE and will begin her term on January 1, 2010.

The 2010 ACWW Triennial will be held in Hot Springs, Arkansas on April 21-28, 2010. Many FCE members will be attending the Triennial and have already sent in their registrations. The deadline was November 15.

KAFCE has donated one dollar per member to the Triennial conference to help with expenses. ACWW is a worldwide organization and representatives from 70 countries will be in attendance.

Kansas FCE also donated several boxes of beads that will be used at the craft night during the Triennial. Also four boxes of cookbooks were donated to the USA Country store to be sold to help with the Triennial Expenses.

The KAFCE Board voted to set up a display at the Triennial on Books the other Channel. This display was also taken to the National FCE conference in Portland, Oregon and displayed at the KAFCE Conference in Pittsburgh this year.

I have had many questions about the Triennial and I will try and answer those in this issue of the news.

There are three hotels that are offered for the Triennial: the Austin Hotel, the Arlington Hotel and the Embassy Suites.

The Embassy and the Austin are connected to the

convention center where the Triennial will be held. The Arlington is an easy twenty minute walk from the convention center.

The required dress for all USA attendees is navy slacks, red blouse and a white jacket or sweater. USA attendees are asked to please wear this ensemble for the duration of the Triennial.

An official scarf that can be worn with the ensemble can be purchased from Louise Nichols, the ACWW USA Area President
5424 East Pierceton Road
Pierceton, Indiana 46562
Phone: 574.594.2052

louisen@embarqmail.com

The cost is \$10.00

The competition chosen for the Triennial Conference is a Quilt Square.

*The size must be 9 inches square as a finished product.

*It may be made in any fabric or material.

* It can be padded or made without padding.

*One item per person may be entered.

*Name, country, organization and address must be attached to the back of the item entered.

*The square should be handed in on the April 21st, the day of registration, to the competition area in the Hot Springs Conference Centre.

To find out more about the Triennial you can go to the website that has been set up just for to answer any question you might have go to:

www.acwwusa2010.com

HAVE YOU VISITED THE KAFCE WEBSITE
LATELY?

www.kafce.org

Treasurer's Report –
Nancy Kernick, State KAFCE Treasurer
Having a great time ... in 2007, 2008 and 2009!!!

Wow, December 31, 2009 – will end my three-year term as your State FCE Treasurer, so her I am giving my final report for the NEWS. I will try to give a summary of what I experienced during my term.

- Membership Forms – October starts off with new members, some renewal members who have been out a while and are now back, and those who have been so faithful and belong each year. We thank each of you for belonging to our FCE organization and hope it gives you satisfaction in every way you are wishing for. Many hours are spent in preparation by each of you and by me as we gather the information and do the final steps to get it all sent to the membership chairman who in turn sends it to National by December 1.
- 990 Form – Much time was spent preparing the State FCE information as well as the local FCE's and County Council in obtaining the EIN numbers. Talk about being in the DARK! When I was still getting questions I couldn't answer I contacted the IRS in Utah and that gentleman on the phone told me how to get the information to them. I entered all the information on the computer as he told me how and then I faxed the information to them so they have all our information on file. Hopefully, we will never have to do this again to this in-depth, as we can up-date the FCE information with additions of new units or deleting a disbanded FCE.
- IMPORTANT - It is very important that you keep us informed when a unit disbands and/or a member passes away so we can keep up-to-date on this.

As an officer of this organization, just like in any other organization, you never know what goes on behind the scenes. Everyone makes it look so simple. But that is only half the story. When you're in charge and in the behind the scene yourself, that is the other half of the story. I have truly enjoyed my term as treasurer and have made many new friendships along the way. I appreciate all the hard work and time spent that everyone had to do to make this happen. As an officer of this organization we are here to help you, so give us a call if you need something.

Kansas Association for Family and Community Education October 5-6-7, 2009

The 58th Annual State Conference of the Kansas Association for Family and Community Education was held in Pittsburg, Kansas, October 5-6-7, 2009. "FCE Changing Seasons" was the theme of the KAFCE Conference.

Approximately 150 members and guests were registered for the Conference and Annual Business Meeting. During the Annual Business Meeting Judy Emert, Sabetha, Nemaha County from the North East Area was elected treasurer. Her three-year term of office will begin January 1, 2010. The 2010 Board of Directors will be: PRESIDENT- Mary Jane Adams, Manhattan, Riley County, NE Area; VICE-PRESIDENT – Sharon Giacometti, Franklin, Crawford County, SE Area; SECRETARY – Kathy Frusher, Jetmore, Hodgeman County, SW Area; TREASURER – Judy Emert, Sabetha, Nemaha County, NE Area; Immediate PAST President – Marcy Price, Ensign, Ford County. Area Directors are: North East – Tina Bailey, Jackson County; North West – Karen Larmer, Smith County; South Central – Faye Spencer, Saline County; South West – Ellie Elsen, Ford County; and South East – Janie Williams, Labette County.

The Tuesday evening banquet speaker was Delbert Rowden, Columbus, speaking on "History Looking Back" with emphasis on antiques many people have in their homes.

The Wednesday closing luncheon featured "Seasons of Life Through Art" by Mary Jo Leisure, with her picture being auctioned off with proceeds to the KAFCE Scholarship Fund.

The Southeast AREA planning committee wants to thank everyone for taking time from their busy schedule to travel to Pittsburg to spend a few days with us. It was truly a wonderful conference as indicated in the survey's that were turned in. We were fortunate to have all local talent give of their time and knowledge to bring you information that will help you throughout your life ... and we DID NOT use any of the "Speakers Fund" money budgeted in the speakers fund account approved by the KAFCE Board.

2010 FCE EDUCATIONAL LESSONS

“FCE Building the Future on Past Foundations”

Kansas FCE Education Program Committee Lessons

“Arthritis”

Presented by Sharon Giacometti, Girard, Ks
KAFCE Vice President

“Someone’s Looking in the Mirror...and Sees the Face of Arthritis” Hearth Fire Series #45

If the face in the mirror is not already showing the stress of arthritis, it likely will at some stage of life. Statistics verify that about 46 million Americans of all ages and races have some type of arthritis. It is the nation’s leading cause of disability and causes more limits to activity than heart disease, cancer or diabetes. Learn more about this condition.

“Time for Tea”

Written by Jean Rowland, McPherson, Ks
KAFCE Educational Program Committee

Today tea is second only to water in worldwide consumption. Tea time may bring to mind formal settings steeped with tradition, or a hot summer afternoon drinking a refreshing glass of ice tea. Whatever the vision, research also has some interesting findings regarding the relationship of tea and health

Old Tyme Games & Activities

Written by Edith McClain, Gaylord, Ks
KAFCE Educational Program Committee

The OLD TYME GAMES AND ACATIVITIES book reminds us all what a great time we had as children. A collection of games from various states, some offer variations on the same game. It’s sure to bring a smile to all of those that grew up before the computer and TV took over our lives.

Genealogy

A Look into the Past

Written by Linda Jean, Olathe, Ks
KAFCE Educational Program Committee

Ever wonder about your relatives and how you ended up in the location you’re living at. By researching your family tree, you can find answers to some of this question. This lesson will help you research and find the answers. The CC! booklet on Fairness deals with making fair deci-

Fairness

Presented by Sharon Giacometti, Girard, Ks
KAFCE Vice President

sions in the home, or classroom, on the playground. It not only deals with children being fair but also adults being fair while driving or judging others without all the facts, it’s a good lesson for not only kids but the whole family.

2010 FCS EDUCATIONAL LESSONS

Beef: Choices, Preparation and Flavor

Lori Sporer and Melissa Thomas, County Agents

- Learn about marinades, what ingredients are required for tenderizing meat, how to safely marinate, and the grilling information about reducing cancer risks by using marinades containing herbs, and recipes for marinades.
- Learn about the differences in beef cuts, which cuts are more tender than others, where the different cuts come from.

Sleep: Want It, Need It, Get It!

Donna Martinson, County Agent, Geary County

But when it is over, you should have a good idea of how much sleep you need and how to get it. While you are awake, explore connections between health and sleep and why sleep is both protective and restorative.

Cut the Clutter and Get Organized

Denise Dias, County Agent, Sedgwick County

This lesson will help individuals learn how to simplify the stress in their lives, by removing clutter from their homes and making their lives much simpler. Techniques on cleaning, organizing and storing items will be discussed.

No, you’re not suppose to sleep through this lesson,

Directory

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**The MISSION of Family and Community Education is
strengthening individuals, families and communities through:**

*** CONTINUING EDUCATION * DEVELOPING LEADERSHIP * COMMUNITY ACTION.**

NORTHWEST AREA

Edith McClain

What a great State conference in Pittsburg. Everyone had a great time and enjoyed the educational information shared. Those that didn't get to go missed a lot.

Northwest Area is working on plans for the Fall Workshop scheduled on November 10. Ellis County Council will be hosting the event.

The 2010 lessons will be presented by the NW EPC committee. We have some really great lessons planned for 2010.

A reminder to the County Council EPC committees: the Standard of Excellence is due to Pauline Fecht, State Registrar by January 1, 2010 AND the Accomplishment Report and the County Summary are due to the Area EPC Chair Karen Larmer by January 1. All Area reports will be judged by the Area EPC and sent on to the State EPC by Feb 1. Please remember to send any Recognition applications to the Area Director.

At the end of this year, I will be passing the Area Director title over to Karen Larmer. Karen will continue to keep the membership informed about our great organization.

As this is my last newsletter as Area Director, I thank all the Northwest FCE members for their support this past year.

SOUTH CENTRAL AREA

Faye Spencer

The South Central area wrapped up the 2009 year with their fall meeting in Salina. There were 8 county presidents, 1 county agent and 19 other members present. During the registration time, members were playing games from the lesson "Old Tyme Games and Activities" while snacking on food from the "Tea Time" lesson. The noon meal was based on the "Beef" lesson.

Members were provided a reminder that the Accomplishment Report front page is to be based on a lesson from the program year while unit's activity that was of service to their community would be on the Community Service Report.

Gigi Roths, Sedgwick County, will be an asset as she has volunteered to serve for the term of June 1, 2010 to May 31, 2013 as EPC.

If there is any member who is interested in

serving the calling of South Central Area Director, that person may contact their county council president. The county council presidents will be searching for a candidate for the next South Central Area Director.

Reno County is making plans for the South Central Area Spring Meeting and Recognition Day to be held on April 5, 2010 on the Hutchinson Community College campus.

The afternoon was devoted to the 2010 lessons and distribution of materials. Unfortunately the box of materials from Kansas Beef Council arrived after the meeting. There are materials for each unit. Please contact Faye Spencer to make arrangements or the delivery may wait until the Spring Meeting.

May everyone have wonderful holidays and see you in the New Year.

SOUTHEAST AREA

Janie Williams, Director

The evaluations have been compiled and it is confirmed that almost everyone enjoyed the State Conference held at Pittsburg. The food was good, there were a variety of workshops and the door prizes were great. Members are already thinking about going to Dodge City next fall.

All of our units have turned in their names for tenure and they have been forwarded to State and now the year-end reports are being finished. Our membership has decreased since last year, but several units have some new members.

On November 5, 65 members and agents met for our Fall Council meeting and workshop. Janet Kirk and Janie Works, who are members of the EPC, gave highlights of the 2010 lessons. Questions concerning the educational program forms were answered and vice president, Sharon Giacometti, told about her trip to the NAFCE conference in Portland, Or. Jerry Janssen, Labette Co., was elected as the SE Area alternate to the State nominations committee and Linda Leonard, Allen Co., was appointed to the EPC. There were four nominees for the Heart of FCE Award; Bonnie McAdam, Allen Co., Lucille Price, Crawford, Co., Donna Strickland, Labette Co. and Lois Carlson, Neosho Co. Bonnie was elected to represent the SE Area in the State competition. One of the ladies made the statement on her form, "that upon retirement she wanted to join a worthwhile group that had a purpose". This statement represents our pride we have in our role as homemakers and family and community educators.

NORTHEAST AREA

Tina Bailey, Director

I hope everyone is doing well. It's hard to believe Thanksgiving is in 3 weeks. That means Christmas is right around the corner.

I attended leadership training in September with Judy Emert, DeLores Walden and Anna Reeves. We got a preview of the new lesson for 2010. I attended the state conference and board meeting. We had a lot of fun and always enjoy seeing old friends and meeting new ones.

The fall workshop was November 5th. We had 48 people in attendance. This was a great turnout to learn about the lessons for 2010. Our next meeting will be the spring council meeting on April 8th in Manhattan.

We are looking for an Area Director and an EPC member. If you are interested please let me know. We are also taking nominations for State Secretary. Please consider applying for any of the above positions.

Enjoy working on reports and getting them in on time.

Happy Holidays to everyone and your families. Be safe.

SOUTHWEST AREA

Ellie Elsen, Director

The weather out our way has been something else. I returned from State conference and had a great time. This past year has really been a learning time for me. Thanks for bearing with me. Our next big event will be the Fall Workshop and Board meeting on November 4th. The EPC committee has helped to put together a very fun day with the lessons for 2010 and are looking forward to doing the workshop.

You all have a nice Thanksgiving.

Kansas Bus Tour to Grand Rapids

July 11-21, 2010

Sunday July 11

Salina and along I-70 thru Kansas City

Lunch—Terribles—St. Louis, Mo. & Pony Express Museum

Overnight stay—American Motel, Oskaloa, Iowa

Monday July 12

Oliver Tractors—Roy Rogers—Dolls
Sigourney, Iowa

Herbert Hoover Museum—West Branch, Iowa

Wilton Candy & Ice Cream—Wilton, Iowa

John Deer Store & Pavilion—Moline, Ill.

Evening meal—Machine Shed & overnight
Davenport, Iowa

Tuesday July 13

Mississippi River Locks Center—Moline, Ill.

Evening meal—Cranes Pie Pantry—Fennville,
Michigan

Overnight stay—Best Western—Holland, MI

Wednesday July 14

Veldheer Wooden Shoe Factory Tour

Windmill Garden—Tour of Dutch Mill

Noon meal at Hungary Dutchman—Holland, MI

Gerald Ford Museum—Grand Rapids, MI

Van Andel Museum of Culture—Grand Rapids,
Overnight at NAFCE Hotel July 14-18 (5nights)

Thursday July 15

Robinettes Apple Haus

Meyer May House (Frank Lloyd Wright)

Jersey Junction parlor for ice cream

July 16, 17, 18 NAFCE Conference

Kellogg Discovery Center—Battle Creek, MI

Monday July 19

Turkeyville Lunch & Matinee "Ring of Fire
Marshall, MI

Evening meal—Das Essenhaus

Overnight Essenhaus Inn—Middlebury, IN

Tuesday July 20

Museum of Miniature Houses—Carmel, IN

Oliver Winery Tour—near Bloomington, IN

Corvette cars from movies Museum

Effingham, IN

Overnight Quality Inn—St Charles, MO

Wednesday July 21

Return to Kansas with last stop in Salina, Ks.

The KAFCE bus tour is planned to Grand Rapids, Michigan for July 11-21, 2010. The cost will be \$650.00 if 30 people commit to going. This cost includes the bus, overnight stays, fees for attractions and the meals listed. A few more may be added yet. If interested in going please let me know by Feb 1, 2010 and you will receive more information. Call or write Geneve Wedel, 2475 Iron Horse Road, Canton, KS 67428.

**Fran Zerby
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Manhattan, Ks 66502**

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